



Majlis Atfalul
Ahmadiyya USA

ATFAL TARBIYYAT CLASS

GUIDELINES

April 2025

"Ahmadis should not fall prey to any kind of inferiority complex. It is our claim that we will create a spiritual revolution in the world. Only those can create that revolution who are free of every type of inferiority complex and who first create a spiritual revolution within themselves."

Hazrat Mirza Masoor Ahmad (aba) - June 22, 2012



CLASS AGENDA

<u>Time</u>	<u>Item</u>	<u>Description</u>
11:45 AM	Arrival to Masjid/Salat Center	Please take note of attendance in Atfal Tracker
12:00 PM	Tilawat with English Translation	Chapter 6, Verse 161-164
12:05 PM	Pledge	Local Qaid, Nazim Atfal, Murabbi Atfal Read Pledge <i>Arabic 3x, English 1x.</i>
12:10 PM	<i>Watch:</i> This Week with Huzur (aba) - February 28, 2025	<u><i>This Week With Huzur (aba)</i></u> 0:00 - 14:40
12:25 PM	Tarbiyyat Class Presentation	See Guidelines
12:45 PM	Group Formations for Activity	See Guidelines
12:50 PM	Activity Session	See Guidelines
1:20 PM	Sports Activities + Lunch	Organized Sports/Waqar-e-Amal
2:10 PM	Zuhr/Asr Salat	

Tilawat

Surah Al-An'am , Chapter 6, Verses 161-164

مَنْ جَاءَ بِالْحَسَنَةِ فَلَهُ عَشْرُ أَمْثَالِهَا ۖ وَمَنْ جَاءَ بِالسَّيِّئَةِ فَلَا يُجْزَى إِلَّا مِثْلَهَا وَهُمْ لَا يُظْلَمُونَ ﴿١٦١﴾

قُلْ إِنِّي هَدَانِي رَبِّي إِلَى صِرَاطٍ مُسْتَقِيمٍ ۚ دِينًا قِيَمًا مِّلَّةَ إِبْرَاهِيمَ حَنِيفًا ۖ وَمَا كَانَ مِنَ الْمُشْرِكِينَ ﴿١٦٢﴾

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ ﴿١٦٣﴾

لَا شَرِيكَ لَهُ ۖ وَبِذَلِكَ أُمِرْتُ وَأَنَا أَوَّلُ الْمُسْلِمِينَ ﴿١٦٤﴾

161 -Whoso does a good deed shall have ten times as much; but he who does an evil deed, shall have only a like reward; and they shall not be wronged.

162 - Say, 'As for me, my Lord has guided me unto a straight path — a right religion, the religion of Abraham, the upright. And he was not of those who join gods with God.'

163 - Say, 'My Prayer and my sacrifice and my life and my death are all for Allah, the Lord of the worlds.

164 - 'He has no partner. And so am I commanded, and I am the first of those who submit.'

Atfalul Ahmadiyya Pledge

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is none worthy of worship except Allah. He is One and has no partner. And I bear witness that Muhammad صلى الله عليه وسلم is His servant and Messenger.

I sincerely promise that I shall always be ready to serve my faith Islam, Jama'at Ahmadiyya Muslima, my nation, and country.

I shall always tell the truth, will not insult and abuse anybody, and I will try my best to obey all instructions given by Hazrat Khalifatul Masih, Insha'Allah

***Right hand over
left during
pledge.**

**All should be
standing**



Talking Points for Nazimeen/Murabbiyan Atfal

These are some points provided so that Nazimeen and Murabbiyan Atfal have a minimal idea of the message and theme of the class.

- Highlighting the importance of being a proud Ahmadi Muslim and not falling to societal pressure and an inferior complex.
- Religions from the past also been ridiculed and belittle, this isn't anything new.
- Only by Tabligh one can build confidence, taking pride as an Ahmadi will instill respect from others, and increasing your knowledge.
- The truth is the teachings of Islam is superior in every comparison and its teaching is complete.
- No matter the truth will always prevail.
- Hazrat Musleh Maud (ra) did his own research into finding out the truth and testified that he himself didn't just blindly follow the Promised Messiah (as).



Presentation Overview

Slide 2

Pose the question to the Atfal: Do you feel it is hard to be an Ahmadi Muslim, living in the USA? get their responses

Slide 3

Pose the question to the Atfal: Why do you think its hard to show our identity as an Ahmadi Muslim to others? get their response and brainstorm see how they feel in this regard

Slide 4

Ask the Atfal another question: Have you heard the word Inferiority Complex?

- *It's when someone feels like they're not as good as others, even if it's not true.*

Slide 5

Explain the content on the slide, highlighting that some live a double life due to being overwhelmed and the want to fit in.

Slide 6

Read the content on the slide, Highlight the point that as Ahmadi Muslim you claim to bring a spiritual revolution, how can you change others if you yourself are not about the message?

Slide 7

Pose the question: Have others from before our time fell into pressure by society?

- *Ask them is this new as an Ahmadi to face?*
- *Have other religions gone through what we have gone?*

Slide 8

Inform them of the Quranic verse and the points on the slide

- *Main point to bring to attention is this isn't anything new*
- *in fact people faced severe persecution for their religious belief, none of us are facing such difficulty.*

Presentation Overview

Slide 9

Go through the main points to overcome an inferiority complex.

- Tabligh: which is the key to becoming confident
- *Be a proud Ahmadi: Huzur's (aba) quote, those who adhere to the teachings of Islam and show true qualities of righteous morals will gain people respect*
- Knowledge: Islam's answer is superior in every comparison, never need to feel low

Slide 10

Explain the content of Tabligh in the slide

- *another example given by Huzur (aba) is to offer congregational prayers with family on trips/public. People will be moved by your actions as a Muslim.*

Slide 11

Read out the guidance given by Khalifatul Masih V (aba)

- *Be confident since we have the truth and argument in our favor.*

Slide 12

Pose the question to the Atfal and ask for their input

- *Cover aspects is it wrong to question being an Ahmadi,*
- *If we have a doubt in our mind what should we do?*

Slide 13

Read the quotation given by Hazrat Musleh Mau'ud (ra)

Even he himself did research when it came to finding out the truth of Ahmadiyyat and not just blindly following his father the Promised Messiah (as).

Presentation Overview

Slide 14

Pose the question to the Atfal how can we increase our knowledge? (in regards to making sure we don't fall into a inferior complex)

Slide 15

Read the content of the slide and the saying of Huzur (aba)

- *If they cant find an answer from his own research always feel free to reach to those who can ex. Your Murrabi Sahib.*
- *Knowledge will remove any lingering traces of an inferior complex*
- *Put emphasis on studying the litterature of Islam and Jamat.*

Slide 16

Play the video: recent guidance given by beloved Huzur (aba)

Slide 17

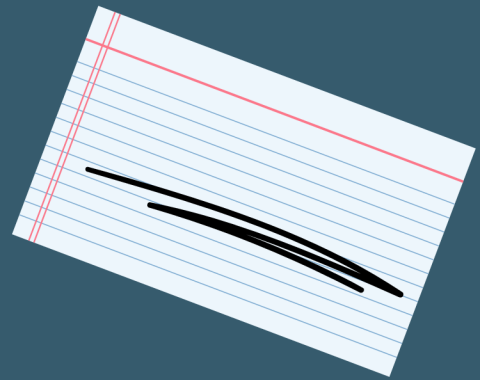
Read the quote given by beloved Huzur (aba)

- *Once again Muslims went through persecution for following the Holy Prophet (saw) and still remained by his side. We as true Muslims must always take it with honor any such difficulty given as the companions faced. Even if they don't understand and point you as an outcast, this has been done to all prophets of God, shouldn't be discourage by any hate or opinion given by anyone.*

Activity:

What would you do?

The takeaway of this game is to see how we should properly react given certain scenarios Ahmadi youth go through at school and with friends.



Material Required - Index cards and pen

- *Depending on the attendance form small groups or individual*
- *Create prompt cards with prompts or scenarios*
- *Each group member takes a card*
- *Each group/Tifl will be given time to think of any ideas*
- *Everyone will give an answer*

Prompts and Scenarios

- *Taking a day off for Friday and classmates ask why?*
- *Class is having pizza but its only pepperoni, your not eating. Others say to take it off how would you respond?*
- *Friends come over at the house and see a picture of Hudhur; they ask who is he?*
- *Your non-Ahmadi Muslim friend(s) are about to pray during class and they ask you to join them, how would you respond?*
- *You're eating (chicken/beef) and some non-Ahmadi Muslims say that is 'Haram' (not allowed), how would you respond?*
- *Non-Ahmadis ask you that you believe in another prophet after Holy Prophet Muhammad (pbuh) what would you say?*
- *Your friend asks who you are taking to Prom, how would you respond?*
- *Peers are pressuring you to vape with them, what would you do?*
- *It's Ramadan, you're fasting and your friends say not even water, what would you say?*
- *Friends are talking about a girl inappropriately, what would you do?*
- *Friends ask if you have a girlfriend, what you say?*
- *Friends see your mom wearing the hijab, and they ask why is she doing that? What's your response?*
- *Friends on Social Media sharing bad posts and share it with you, would you correct them or say something back?*

Feel free to add your own prompts as well*