



Majlis Atfalul
Ahmadiyya USA

ATFAL TARBIYYAT CLASS

GUIDELINES

July 2024

“The Holy Quran has commanded us on several instances to obey Allah and His Messenger (sa), and also to show obedience to those who are in authority over you. Furthermore, the Promised Messiah (as) has also included obedience as one of the conditions of Bai‘at and that is for one to pledge that they will obey every *ma‘ruf* command, until their last breath...”

(Khalifatul Masih V (aba)
Friday Sermon, 2nd November, 2018



CLASS AGENDA

<u>Time</u>	<u>Item</u>	<u>Description</u>
11:45 AM	Arrival to Masjid/Salat Center	Please take note of attendance
12:00 PM	Tilawat with English Translation	Chapter 23 (Al-Muminun), V. 1-6
12:05 PM	Pledge	Local Qaid, Nazim Atfal, Murabbi Atfal Read Pledge - Arabic 3x, English 1x.
12:10 PM	Watch: This Week with Huzur (aba) -Nov. 25, 2022 AND Huzoor's guidance concerning the use of Social Media	https://www.youtube.com/watch?v=myXITLw0EBM 18:57 - 20:42 AND https://www.youtube.com/watch?v=OdkyH3cGclk
12:25 PM	Tarbiyyat Class Presentation	See Guidelines
12:45 PM	Group Formations for Activity	See Guidelines
12:50 PM	Activity Session	See Guidelines
1:20 PM	Sports Activities + Lunch	Organized Sports/Waqar-e-Amal
2:10 PM	Zuhr/Asr Salat	

Tilawat

Chapter 23 (Al-Muminun), V. 1-6

1. ^a In the name of Allāh, the Gracious, the Merciful.	بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ①
2. Successful indeed are the believers, ¹⁹⁷⁸	قَدْ أَفْلَحَ الْمُؤْمِنُونَ ②
3. Who are humble ¹⁹⁷⁹ in their Prayers,	الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ ③
4. And ^b who shun all that which is vain, ¹⁹⁸⁰	وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ ④
5. And ^c who are prompt and regular in paying the Zakāt, ¹⁹⁸¹	وَالَّذِينَ هُمْ لِلزَّكَاةِ فَاعِلُونَ ⑤
6. And ^d who guard their chastity—	وَالَّذِينَ هُمْ لِأَفْوَاجِهِمْ حَافِظُونَ ⑥

Atfalul Ahmadiyya Pledge

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is none worthy of worship except Allah. He is One and has no partner. And I bear witness that Muhammad صلى الله عليه وسلم is His servant and Messenger.

I sincerely promise that I shall always be ready to serve my faith Islam, Jama'at Ahmadiyya Muslima, my nation, and country.

I shall always tell the truth, will not insult and abuse anybody, and I will try my best to obey all instructions given by Hazrat Khalifatul Masih, Insha'Allah

*Right hand over left during pledge.

All should be standing



Talking Points for Nazimeen/Murabbiyan Atfal

These are some points provided so that Nazimeen and Murabbiyan Atfal have a minimal idea of the message and theme of the class.

- *“...It is neither forbidden, nor is it an innovation to take advantage of new inventions, but their wrong use makes them an innovation.”*

- Hazrat Khalifatul Masih V (aba)

- The Usage of Internet, Phones, Social Media are all beneficial, as long as we are understanding why we are using it, and what benefit we are taking from it
- Every thing which taken to an extreme usage, whether the Internet, Phones, or Social Media; can have an harmful effect on our mind and health - emotionally, physically, mentally and most importantly, spiritually.



Presentation Overview

Slide 1

- Title Slide

Slide 2

- Ask the question on slide to a few Atfal.
- Try to get different answers from each Tifl.
- Possible questions to ask:
 - “What is a recent situation in which the internet came in really useful for you?”
 - “What’s the most useful thing it offers?”
 - “What do you need (not want) the internet for?”
- Ask question on slide

Slide 3

- **Point:** Atfal are all no born in the smart phone era
- Use this point to explain to them that their upbringing is very much different than the previous generation.
- They are growing up with smartphones and internet. They see it as very normal and might not know of it’s negative affects before it’s too late.
- Just because it’s around you everywhere and seems like an essential part of life, doesn’t mean that it won’t have any negative affect on you.
- There are many things that we can get used to but can be dangerous for us. Such as:
 - Eating a lot of sugar, we don’t feel its negative affects until later. It can lead to obesity, diabetes, and other illnesses



Presentation Overview

Slide 4

- Question to Atfal:
 - “Do these numbers seem right to you.”
- **Quick Activity:**
 - Ask Atfal who have phones to check their screen time.
 - Don’t force anyone, ask who is willing to show it, most of them won’t mind.
 - Ask some of them to show or say how many hours of screen time they have so that Atfal can see the reality in front of them.
- This average for U.S teens.
- Even though the age of most Atfal is below that, this can show them that this is something that they might end up going towards.
- **Point:** So much time is wasted on these apps.
 - Over time, you lose hundreds of hours that you could have spent.
- Instructor should use their age and show how valuable time is, it is something that we can never get back, and don’t know how much of it we have left.

Slides 5-6

- Present question to Atfal, take a few guesses.





Presentation Overview

Slide 7

- A good amount of time should be spent discussing these matters.
- Allow Atfal to give as many answers.
- Perhaps ask them if they have had these experiences themselves and ask them to elaborate.
- **Point:** All of these have been prove by numerous scientific studies
 - Social Media Apps are designed to make you feel this way so that you keep on using them.
 - These applications create a world that isn't the real world. It might feel good that you are speaking to someone through WhatsApp or messaging, but it is not the same as talking to someone in person.

Slide 8

- Request a Tifl to read out the quote of Huzur (aba)
- **Point:** It is not just about wasting time, but also of protecting yourself from un-Islamic activities.
- Atfal probably know about the “algorithm,” if not then explain to them that Social Media apps, especially YouTube will show what you want to see, and constantly keep you distracted and wanting more.
- It generates greed and desire that can make you think that if you don't have something, or do something, then you're life is boring and that you're missing out on “fun.”

Slide 9

- Request a Tifl to read out the quote of Huzur (aba)
- **Point:** Internet use and Social Media Apps mess up our sleep cycles.
- Sleep is important for rest, it is not something that we should as something to avoid.
- Fajr is difficult for many because they end up sleeping late and not waking up.



Presentation Overview

Slide 10

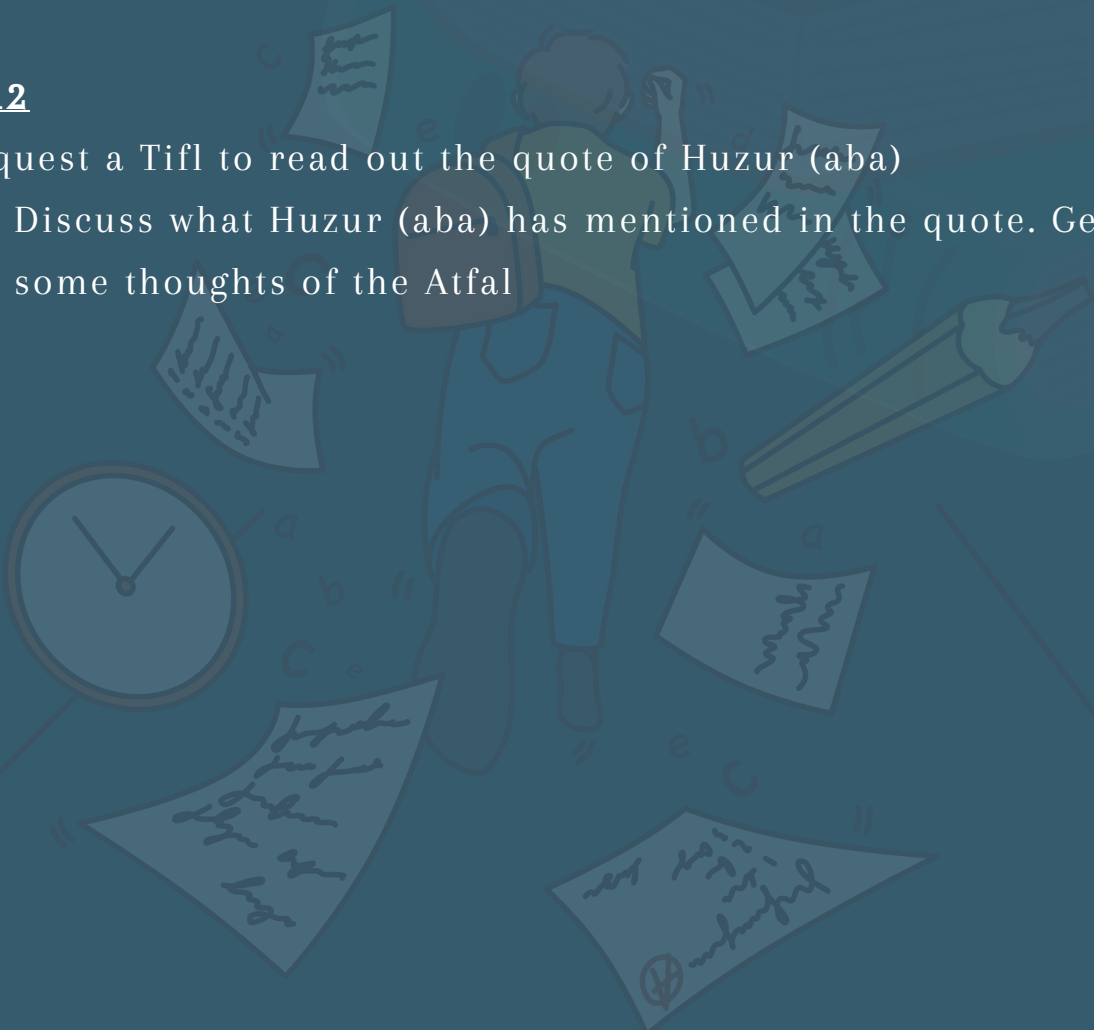
- Overall slide discussing pros and cons of phone and social media apps.
- Most of these might have been mentioned in previous discussions

Slide 11

- Request a Tifl to read out the quote of Huzur (aba)
 - Discuss what Huzur (aba) has mentioned in the quote. Get some thoughts of the Atfal

Slide 12

- Request a Tifl to read out the quote of Huzur (aba)
 - Discuss what Huzur (aba) has mentioned in the quote. Get some thoughts of the Atfal





Alphabet Chain

Take Away: The purpose of this activity is to populate the minds of the Atfal with a review of the topic at hand with a light but competitive game.. This generating of words can help in creating a culture in the mind that solidifies the information presented.

Instructions

- Begin with one Tifl and ask him to say any one word regarding the topic and presentation.
- The next Tifl must say another word with the last letter of the previous word.
 - Ex: Tifl would begin the game by saying the word “**Phone**”, the next Tifl would have to say a related work to the topic beginning with “**E**”, such as “**Electronic**”, then next Tifl would have to say a word beginning with “**C**”, such as “Allah”.
- Continue this chain until last Tifl is left.
- Give 20 seconds to each Tifl to come up with a word.
- Additionally: Atfal can be divided up into teams of two or three if there is larger attendance and time needs to saved.

