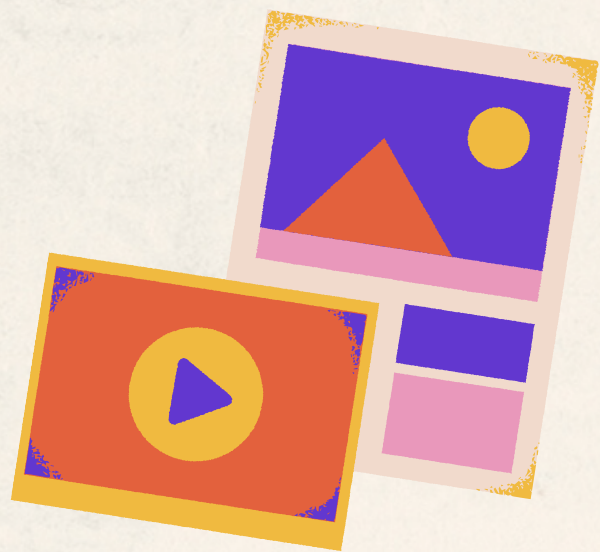
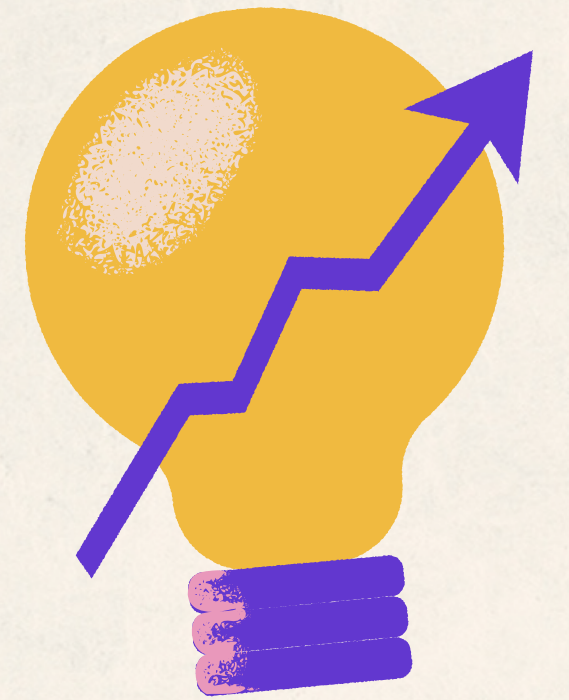


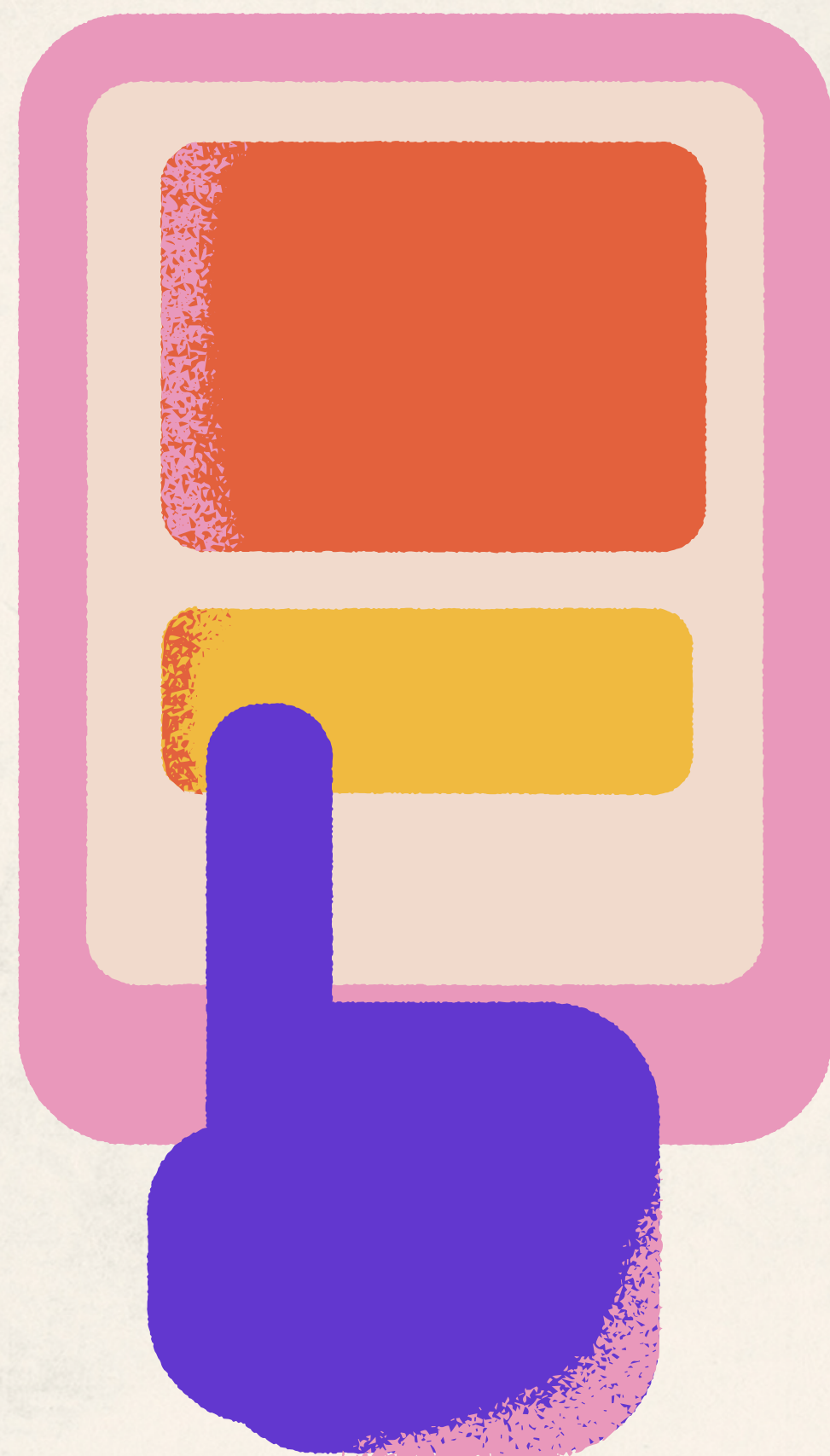


Internet, Social Media & Phones



July 2024 - Atfal Tarbiyyat Class

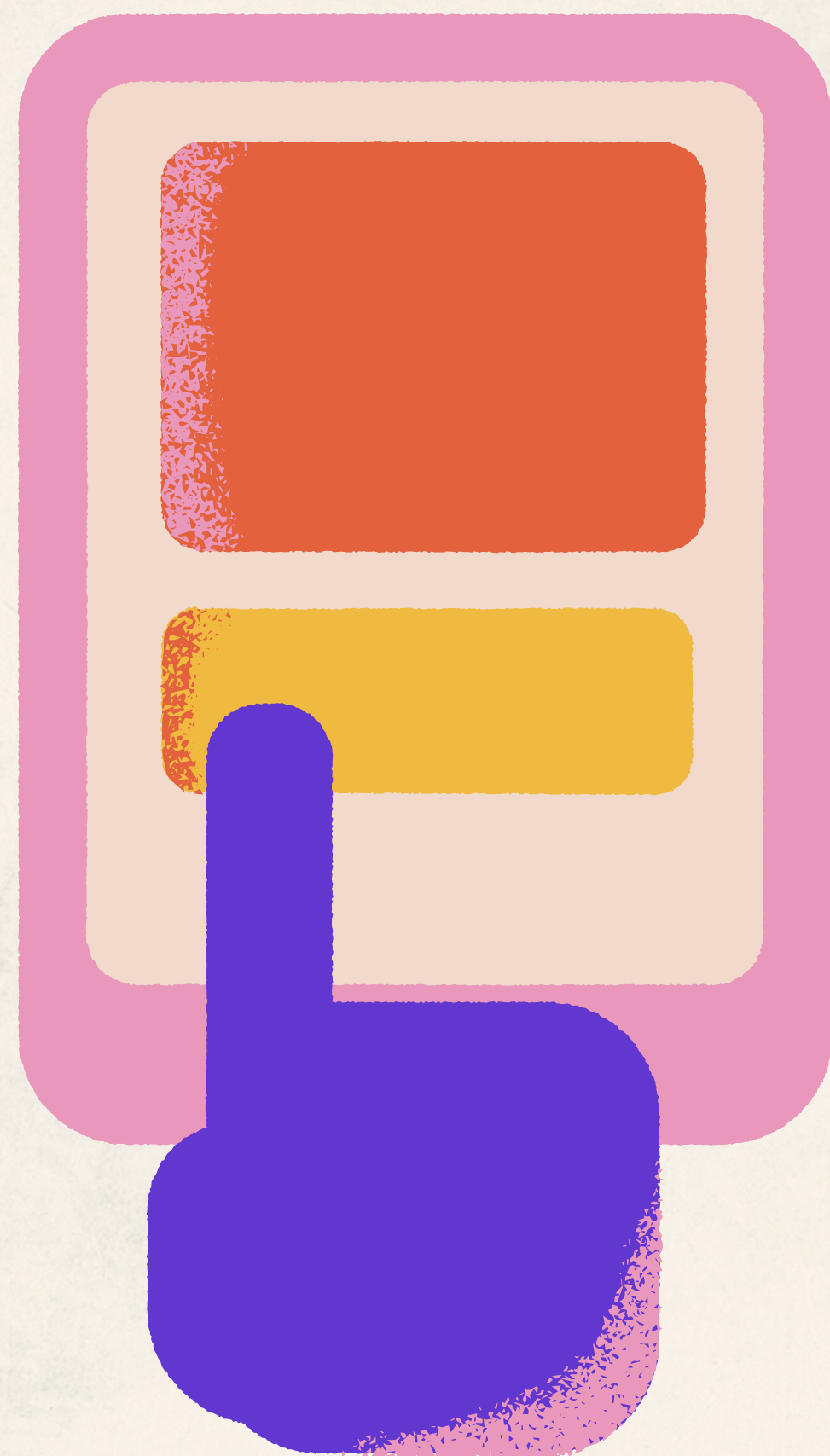




What do you like about the Internet?



Do you know when the first iPhone came out?



What do you like about the Internet?



Do you know when the first iPhone came out?

2007

How Much Usage



YouTube

1.9 Hrs



TikTok

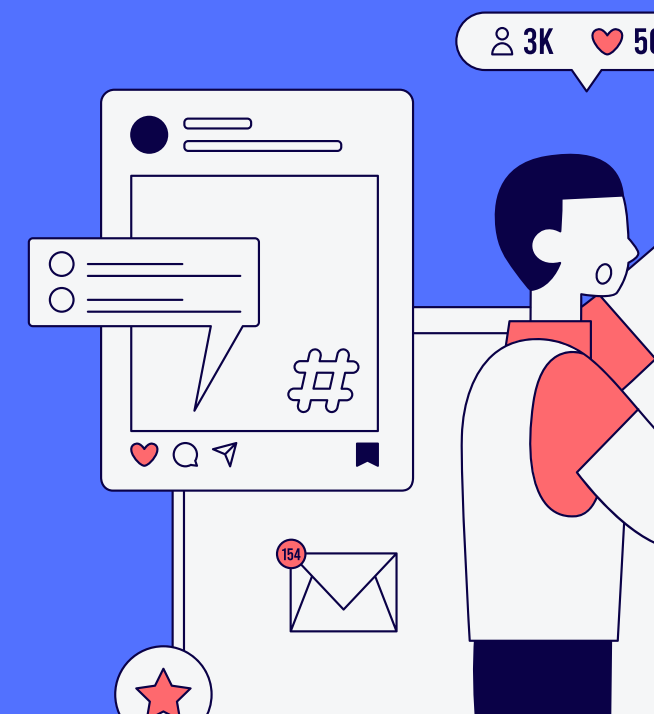
1.5 Hrs



Instagram

.9 Hrs

**Hours Per Day Spent on
Social Media Platforms for
US Teens.**

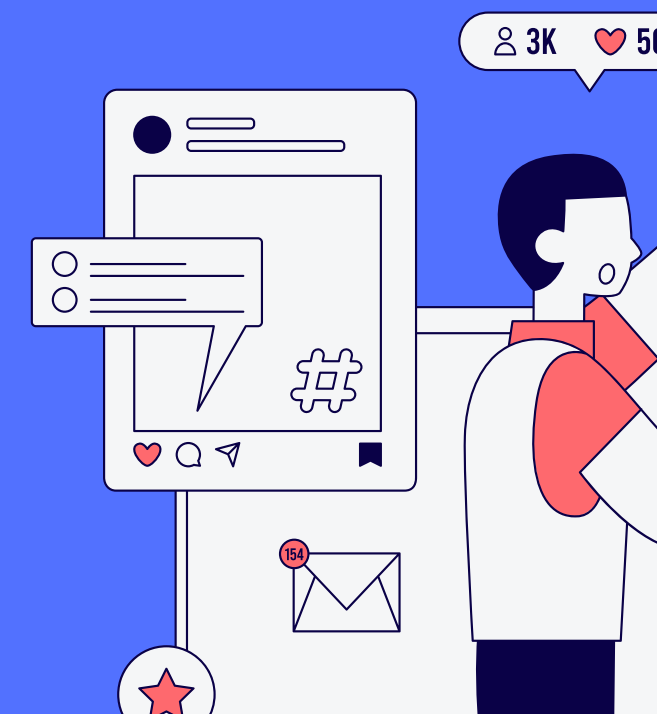




How Much Usage



WHAT % OF 13-15 YEARS OLDS
SPEND AT LEAST 4 HOURS A DAY
ON SOCIAL MEDIA?



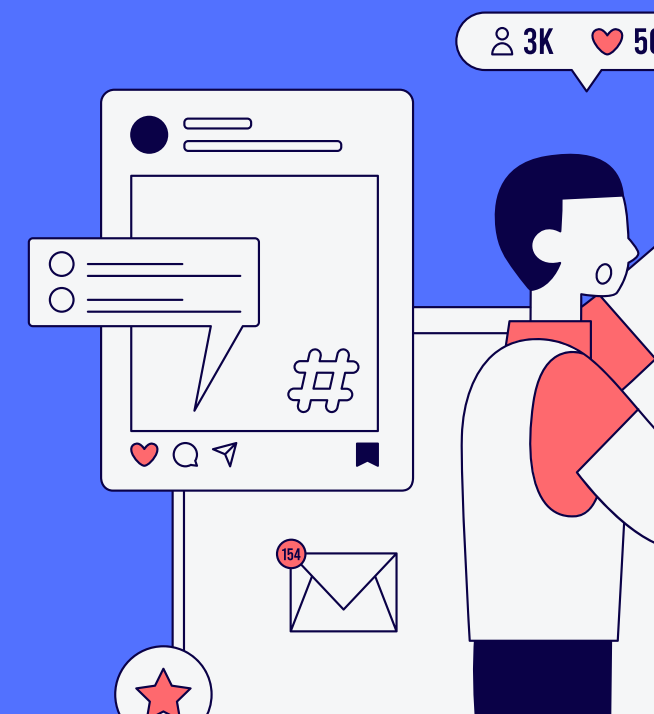


How Much Usage



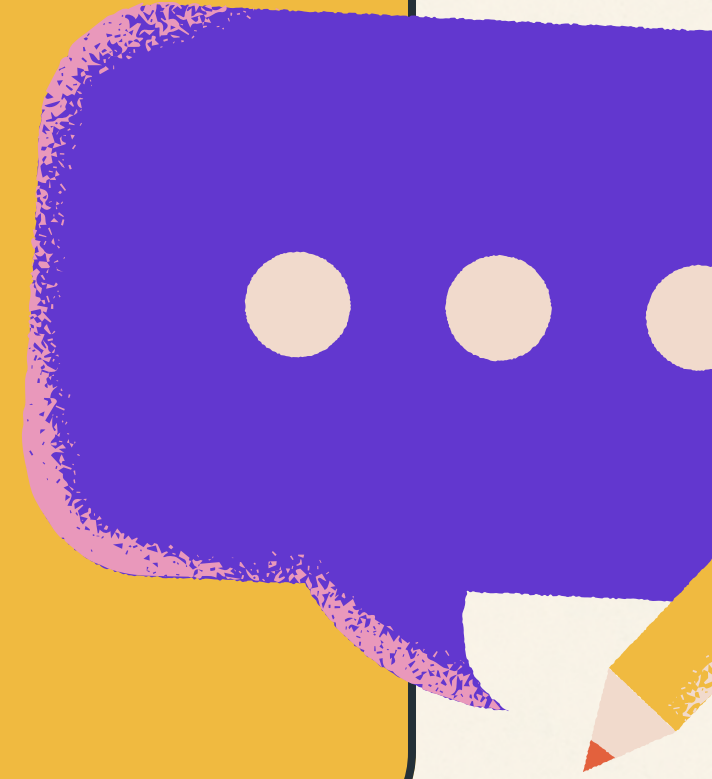
WHAT % OF 13-15 YEARS OLDS
SPEND AT LEAST 4 HOURS A DAY
ON SOCIAL MEDIA?

**Around 46 % of 13-15 year
olds spend 4 HOURS a
day on Social Media**



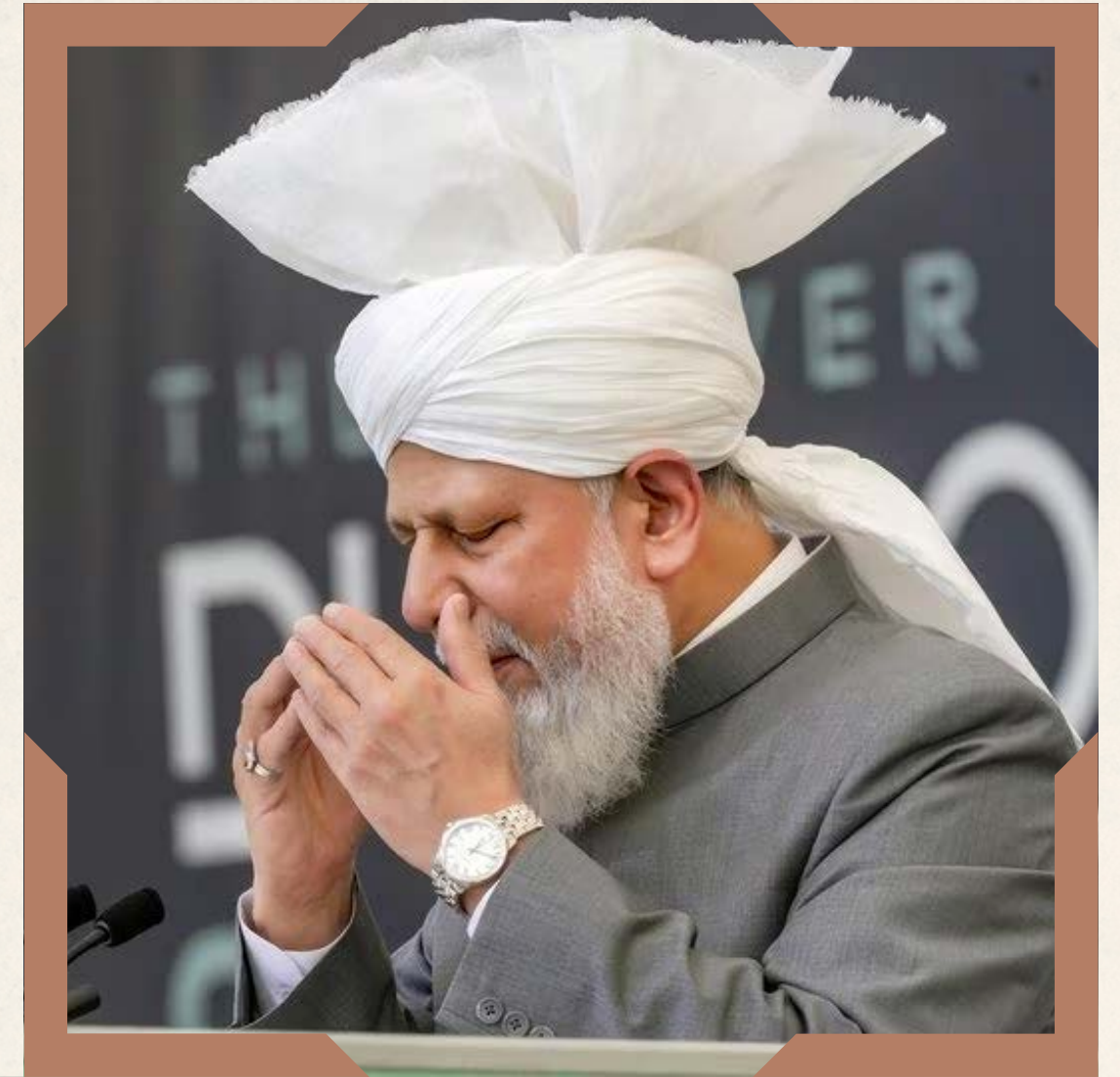


Negative Effects

1. How does Social Media (and the Internet as a whole) lead to more loneliness?
 2. How does Social Media cause more anxiety and frustration?
 3. How does Social Media lower your attention and ability to focus?
- 

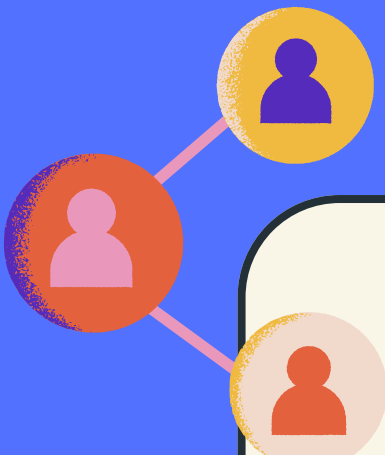
Protecting Yourself

Constant distractions and temptations from Social Media can make you take un-Islamic actions.



“Misuse of the Internet and Social Media is becoming common. If a thing or an act leads to harmful effects on the mind, then it is considered ‘lughv’ (a vain thing) and a characteristic of believers is that they avoid all that is vain. Similarly, it is also obligatory on men to safeguard their piety and modesty. They have been commanded to observe ghaze basr (lowering of gaze) and should keep their gaze lowered and hearts and mind safeguarded against impure thoughts and bad intentions.”

(Message at Khuddam and Atfal Ijtema, 10th October, 2017)

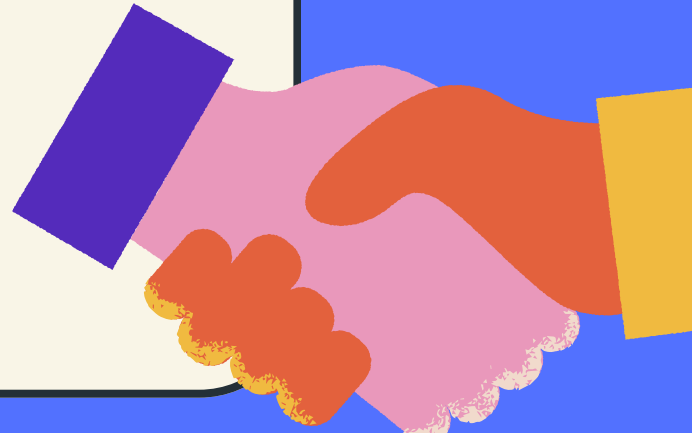


From Good to Bad

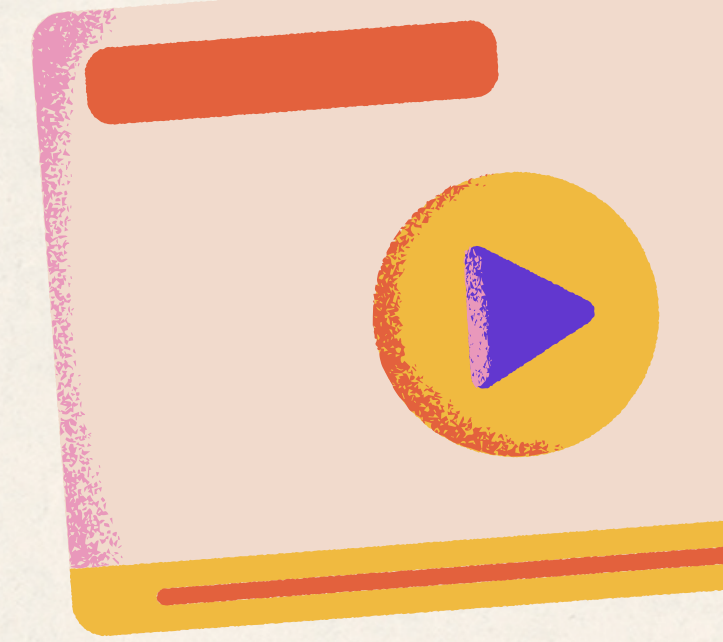
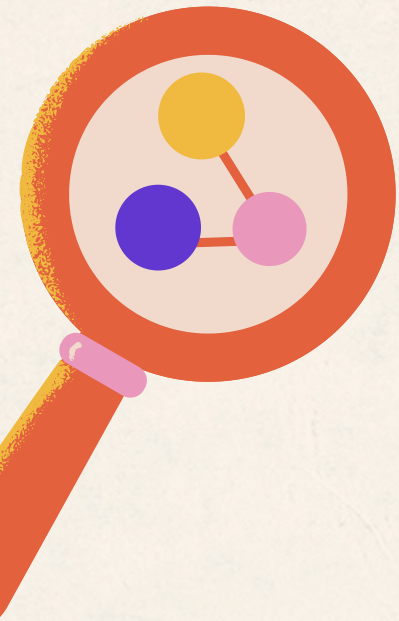
Furthermore, even the permissible things can cause harm if they are misused. One example of this is where a person stays awake late into the night watching television or surfing the Internet and then fails to wake up for the Fajr prayer, even if what they were viewing was not bad in itself.

The end result is that they are moving away from righteousness and in this way the permissible act becomes immoral and not in keeping with the status of a true Muslim. In essence anything at all that has poisonous or detrimental effect on a person's mind is included in what the Holy Quran has deemed as vain."

(Address MKA Ijtema, 2016)



Phones

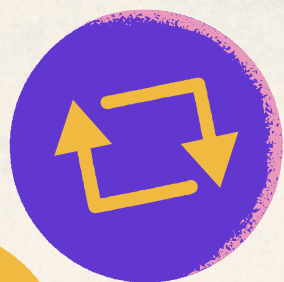


- **A Great Tool**

- Help you work faster and efficiently.
- Communicate and share knowledge.
- Store information to read/listen to.
- Watch productive things that make you smarter and productive.

- **Indecent/Wasteful Material**

- Many things are not good for your spiritual development.
- Their eyes are easily distracted.



- **Designed to Distract**

- Apps and Social Media are designed to addict you.
- You can lose hours in a day by being distracted.
- Use time wisely to learn, play sports, or help out in the house.

- **Use Social Media for Tabligh**

- Spread Islam! It's a great opportunity.
- Don't be foul mouthed, be better than those that are not good with you.

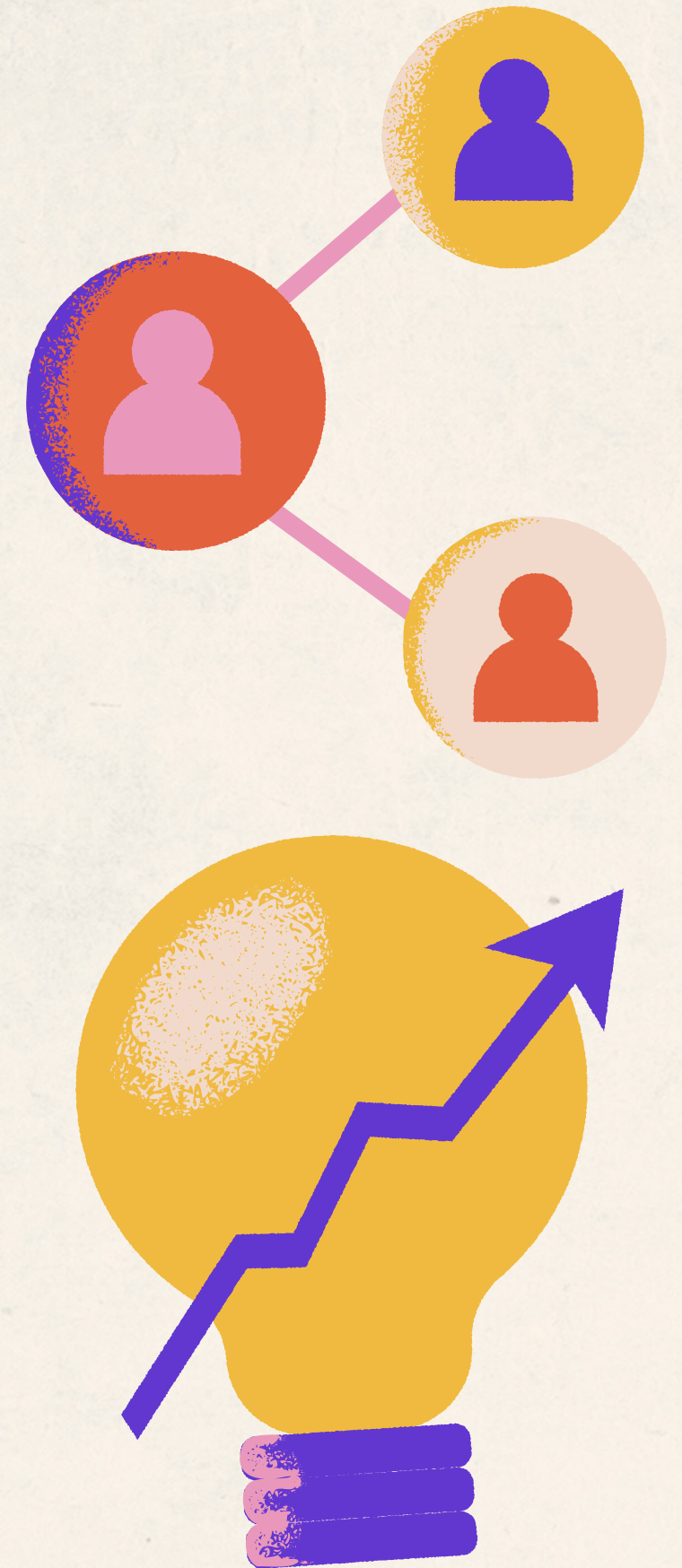


Phones

“New accounts are being created in new programs and the entire day is wasted on the phone, iPad or computer etc. This leads to worsening of morals and gives rise to irritability in character and the children quickly become out of control. All these matters need attention and there is need to impose limits.

For this, you will need to think about creating alternative means of occupying their time. Keep them involved in house work. Involve them in serving the Jama'at and develop means of occupying them that are positive and beneficial to the society.”

(Lajna Address Germany, July 10, 2016)



Phones

“There is a widespread problem here of children demanding from their parents to buy them mobile phones. **Some are just 10 years of age and say that they should have a mobile phone**. Are you doing some sort of business? Or are you are doing some kind of work in which information is required to be accessed every minute? When asked, they reply ‘we need to call our parents.’

If your parents are not worried, there is also no need for you to worry, because phones can also lead to bad habits. Through phones, some people contact children directly and then incite them into bad habits.

Hence, the phone is also a very harmful thing due to which children lose all good sense and get involved in wrongdoings, so avoid this. As for the TV programs, as I said you may watch cartoons or informative programs. However, you must avoid all vulgar and indecent programs.”

(National Atfal Germany Ijtema, Sept. 16, 2011)

Negative Effects

“...It is neither forbidden, nor is it an innovation to take advantage of new inventions, but their wrong use makes them an innovation.’

(Friday Sermon Delivered 18 March 2016)

