



Majlis Atfalul
Ahmadiyya USA

ATFAL TARBIYYAT CLASS

GUIDELINES

March 2025

“Those who do not regularly partake in charitable works should do so at least on occasions of joy, solely for the sake of attaining the pleasure of God. Once you develop this habit, the joy you receive will be far greater than any superficial moments of joy. You should also try to inculcate the habit within your children to give a part of their Eid gifts to children living in poverty. If they do so from a young age, they will become compassionate and serve humanity in future years and it will also make them the recipients of God’s pleasure and remove their hardships whilst making them firm on acting upon goodness.”

Hazrat Mirza Masoor Ahmad (aba) - June 16, 2018



CLASS AGENDA

<u>Time</u>	<u>Item</u>	<u>Description</u>
11:45 AM	Arrival to Masjid/Salat Center	Please take note of attendance in Atfal Tracker
12:00 PM	Tilawat with English Translation	Chapter 2, Verse 184-186
12:05 PM	Pledge	Local Qaid, Nazim Atfal, Murabbi Atfal Read Pledge <i>Arabic 3x, English 1x.</i>
12:10 PM	<i>Watch:</i> This Week with Huzur (aba) - February 21, 2025	<u><i>This Week With Huzur (aba)</i></u> 0:00 - 11:42
12:25 PM	Tarbiyyat Class Presentation	See Guidelines
12:45 PM	Group Formations for Activity	See Guidelines
12:50 PM	Activity Session	See Guidelines
1:20 PM	Sports Activities + Lunch	Organized Sports/Waqar-e-Amal
2:10 PM	Zuhr/Asr Salat	

Tilawat

Surah Al-Baqarah, Chapter 2, Verses 184-186

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿١٨٤﴾

أَيَّامًا مَّعْدُودَاتٍ ۖ فَمَن كَانَ مِنكُم مَّرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ ۗ وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامُ مِسْكِينٍ ۖ فَمَن تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ ۗ وَأَن تَصُومُوا خَيْرٌ لَّكُمْ إِن كُنتُمْ تَعْلَمُونَ ﴿١٨٥﴾

شَهْرَ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَى وَالْفُرْقَانِ ۚ فَمَن شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ ۖ وَمَن كَانَ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ ۗ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ ۚ وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَى مَا هَدَاكُم وَلَعَلَّكُمْ تَشْكُرُونَ ﴿١٨٦﴾

184 - O ye who believe! fasting is prescribed for you, as it was prescribed for those before you, so that you may become righteous.

185 - The prescribed fasting is for a fixed number of days, but whoso among you is sick or is on a journey shall fast the same number of other days; and for those who are able to fast only with great difficulty is an expiation — the feeding of a poor man. And whoso performs a good work with willing obedience, it is better for him. And fasting is good for you, if you only knew.

186 - The month of Ramadan is that in which the Qur'an was sent down as a guidance for mankind with clear proofs of guidance and discrimination. Therefore, whosoever of you is present at home in this month, let him fast therein. But whoso is sick or is on a journey, shall fast the same number of other days. Allah desires to give you facility and He desires not hardship for you, and that you may complete the number, and that you may exalt Allah for His having guided you and that you may be grateful.

Atfalul Ahmadiyya Pledge

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is none worthy of worship except Allah. He is One and has no partner. And I bear witness that Muhammad صلى الله عليه وسلم is His servant and Messenger.

I sincerely promise that I shall always be ready to serve my faith Islam, Jama'at Ahmadiyya Muslima, my nation, and country.

I shall always tell the truth, will not insult and abuse anybody, and I will try my best to obey all instructions given by Hazrat Khalifatul Masih, Insha'Allah

***Right hand over
left during
pledge.**

**All should be
standing**



Talking Points for Nazimeen/Murabbiyan Atfal

These are some points provided so that Nazimeen and Murabbiyan Atfal have a minimal idea of the message and theme of the class.

- Highlighting the importance of benefitting Ramadan to the fullest, by charity, kindness, recitation of the Holy Quran, and prayers.
- A Muslim tries his best to embody the example of the Holy Prophet Muhammad (saw) during Ramadan.
- One is drawn to the needs of others and willing to make sacrifices due to the blessed model of the Holy Prophet (saw).
- Purpose of fast is to do good to others and attain righteousness.
- How can Atfal benefit more despite unable to be of age to fast.
- The need of increasing our prayers and to keep that momentum going after Ramadan.



Presentation Overview

Slide 2

Pose the question to the Atfal: What is Ramadan? ask them what is Ramadan and how does it play an important role in our life and bring to the attention, how is this month far more blessed than others.

Slide 3

Explain to them the month of Ramadan based on the points presented and highlight the importance of this blessed month just as the Holy Prophet (saw) stated, Ramadan is filled with so opportunities of blessings that you would wish to have it all year long.

Slide 4

Once again highlighting the true purpose of Ramadan, a month to heighten our spirituality through prayers.

Slide 5

Impose the question to the Atfal: Whose example should we follow to make the most of Ramadan?

- *Who's our role model when it comes to Ramadan*
- *Who action is it that shows us how Ramadan should be followed*

Slide 6

Answer: A Muslim tries his best during Ramadan to follow the example of the Holy Prophet (saw)

- *His living example (sunnah) shows us the way Ramadan should be*
- *The Holy Prophet (saw) multiplied all his efforts as a Muslim specially in Ramadan than any other months.*

Slide 7

The Holy Prophets (saw) best example during Ramadan was giving charity, read the hadith (most generous during the month of Ramadan). Ramadan is about helping others by charity, A Muslim multiplies his efforts due to the blessed example of the Holy Prophet (saw). Encourage children that whatever money they get from their parents, always give some dollars to sadqa (charity)

Presentation Overview

Slide 8

Not only is charity to give money but the Holy Prophet (saw) taught that charity is also by being kind to others. Encourage them that not only was the Holy Prophet (saw) was generous during Ramadan, he also went out of his way to do good to others.

- *So much so that the Holy Prophet (saw) forbid to use any foul or harm to anyone especially in Ramadan.*

Slide 9

Highlight the importance of the words of Khalifatul Masih V, Mirza Masroor Ahmad (aba): Due to the example of the Holy Prophet (saw) during Ramadan, Muslims are made to have this feeling of helping others and compassion to others.

Slide 10

Pose the question to the Atfal and brainstorm some answers. 'What do you say to someone who argues with you while fasting?

Slide 11

Reply with 'Inni Sa-e-mun' meaning: "I am fasting"

Slide 12

Read the Hadith of the Holy Prophet (saw) explain the term "I am fasting"

- *During Ramadan you cannot say bad words or say anything bad to someone, refrain from being angry at someone, refrain from making any lie or gossip, must try to only speak with goodness.*

Presentation Overview

Slide 13

Highlight the importance of the Holy Quran.

- *As the verse states, Quran was revealed during Ramadan*
- *The Holy Prophet (saw) was taught the Quran*
- *Atfal should give precedence to the Quran, Daily recitation and understanding it as well*

Slide 14

Pose the questions to the Atfal and hear their answers

- *As instructions from beloved Huzur should complete all of the Holy Quran once*
- *The Holy Prophet (saw) did it twice in the month of Ramadan*

Slide 15

Read the following points on the presentation, highlighting the importance of prayers especially in Ramadan.

- *As stated in the hadith, Allah the Almighty always listens to his servant in need*
- *Hudhur (aba) states: Ramadan is that type of month when a supplicant can reach high levels of Taqwa*
- *Just as it states in the next verse when the verses of Ramadan was revealed: “And when My servants ask thee about Me, say: ‘I am near. I answer the prayer of the supplicant when he prays to Me. So they should hearken to Me and believe in Me, that they may follow the right way.” (2:187)*

Slide 16

Pose the questions to the Atfal and hear their answers

Presentation Overview

Slide 17

Pose the question to the Atfal and receive answers: What are ways in Ramadan we improve our prayers?

Answers:

- *Congregational Salat*
- *Tahujjud (voluntary prayers)/Nawafful*
- *Taraveeh*
- *Remembrance of God (Astagfar/Tasbeeh)*
- *Saying Darood (salutations to the Holy Prophet (saw))*
- *Saying prayers (specific to one action) example: Bismillah to eat, prayer for sleep, prayer after Adhan*

Slide 18

Read the Hadith of the Holy Prophet (saw)

- *Explain to them that this is the time of Ramadan, when you can become better and attain better morals*
- *If you follow Ramadan right, Satan will be chained from you*

Slide 19

Pose the questions to the Atfal and hear their answers: What to do if I'm too young to fast in Ramadan?

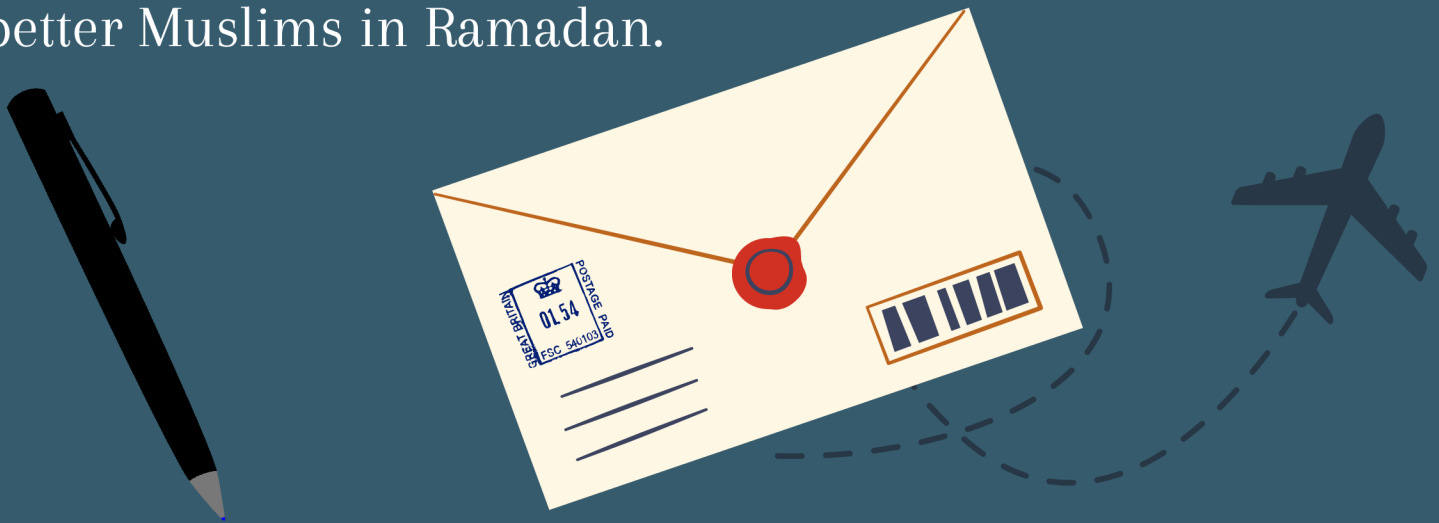
- *Side note: Hazrat Musleh Maud (ra) advised the age of 18 years of age to keep it mandatory to Fast. However someone can be younger and physically fit to fast can also fast if he wishes, Children should get some practice of fasting but not entirely for the whole day unless it is easy for thier physical capabilities.*

Slides 20 and 21

Play Huzur's (aba) video and on the next slide, Highlight that 8 Ramadan should help you after, keep all that you learned.

Activity: Write a letter to Beloved Huzur (aba).

The takeaway from this is to start the blessed month of Ramadan with prayers, and to make commitments to become better Muslims in Ramadan.



Material Required – paper and pen

Write a letter to beloved Huzur (aba) Hand out blank pieces of paper and pen to each Tifl and make sure they have something to write on (e.g. clipboard) Atfal will write Ramadan Mubarak to Huzur (aba) and prayers. Include three things you'll try your best to do/accomplish in the blessed month of Ramadan.