

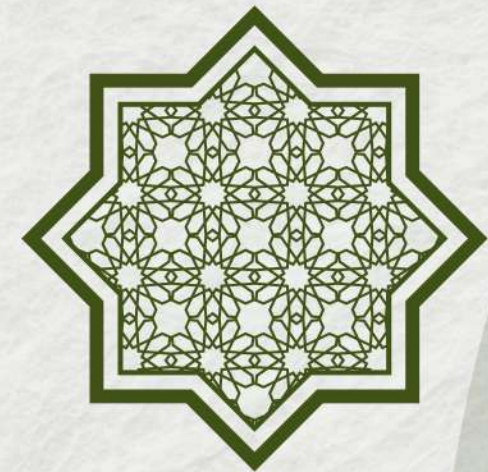


How to Make the Most OF RAMADAN

Atfal Tarbiyyat Class - March 2025

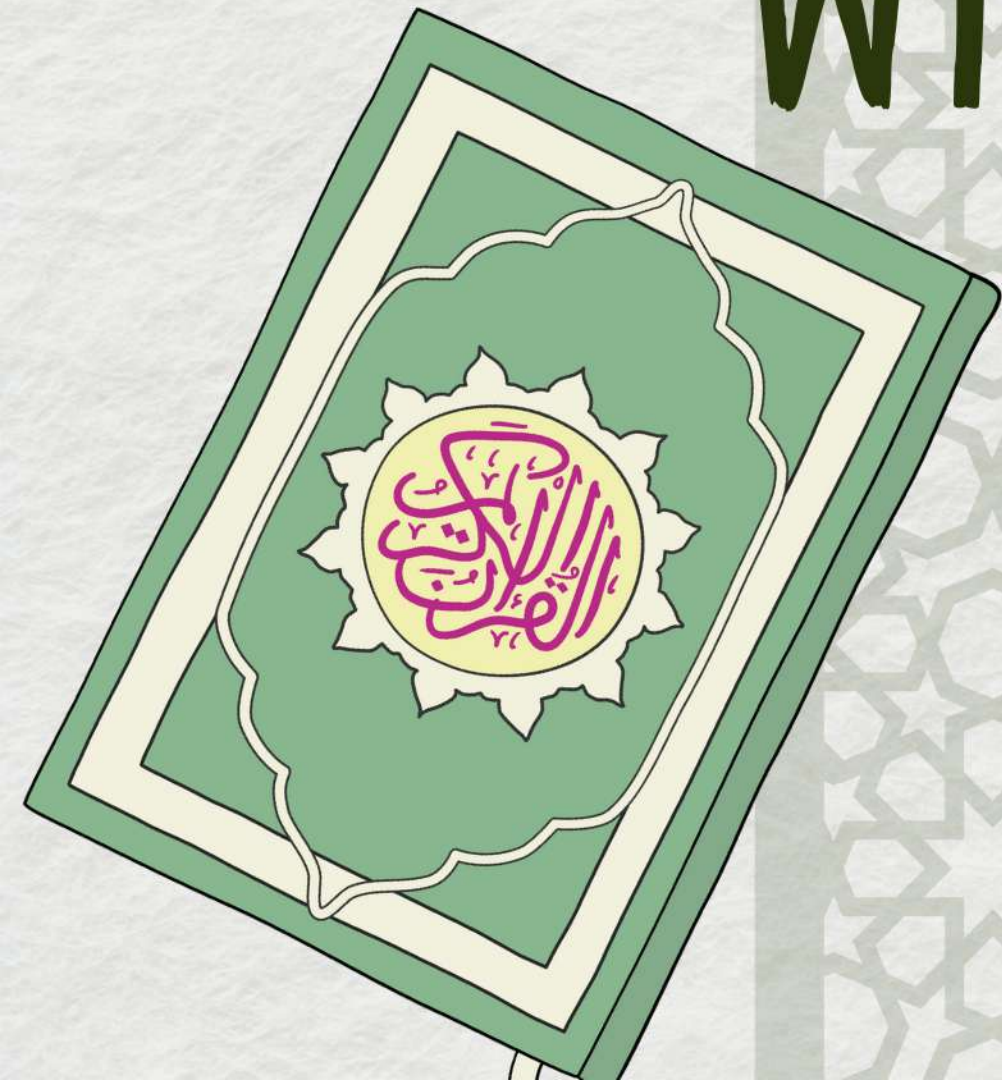


Majlis Atfalul
Ahmadiyya USA



What is Ramadan?

رمضان





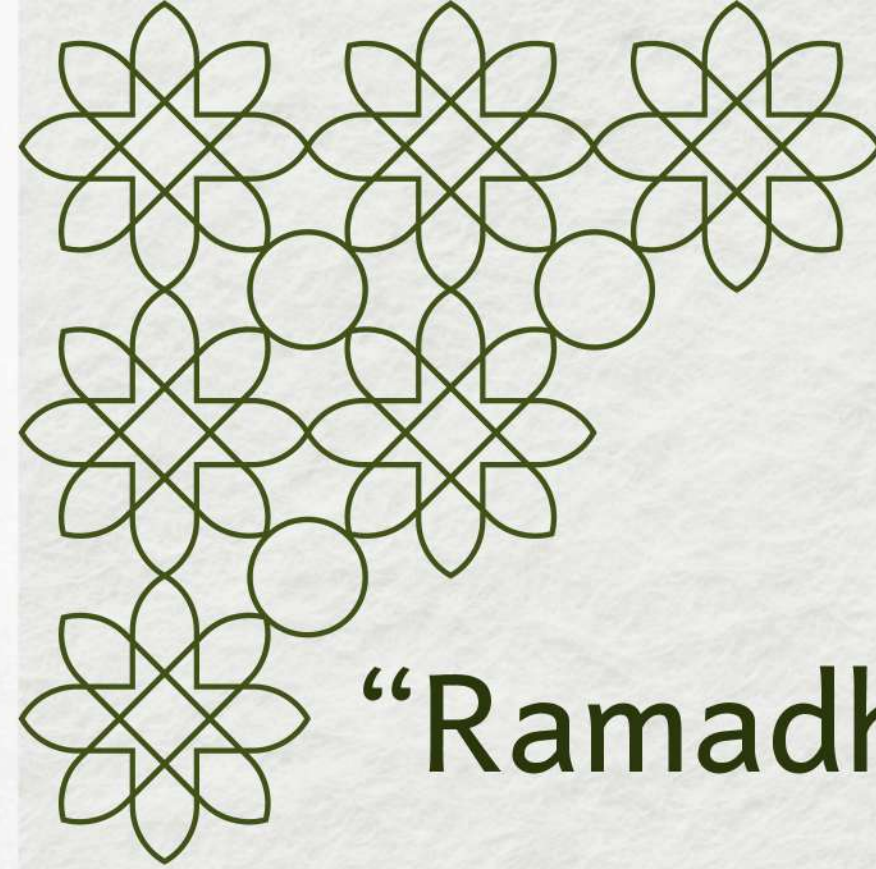
RAMADAN IS



- **The month of fasting, praying, and spiritual growth.**
- **Seeking forgiveness and repentance**
- **Showing Kindness**
- **Being generous**
- **Reciting the Quran wholeheartedly**

The Holy Prophet (saw) said, "If you knew the excellences of Ramadan and in which ways and how much God Almighty manifests His mercy, you would have wished that Ramadan were extended to the entire year so that you can gather the blessings of Allah the Exalted all year long."

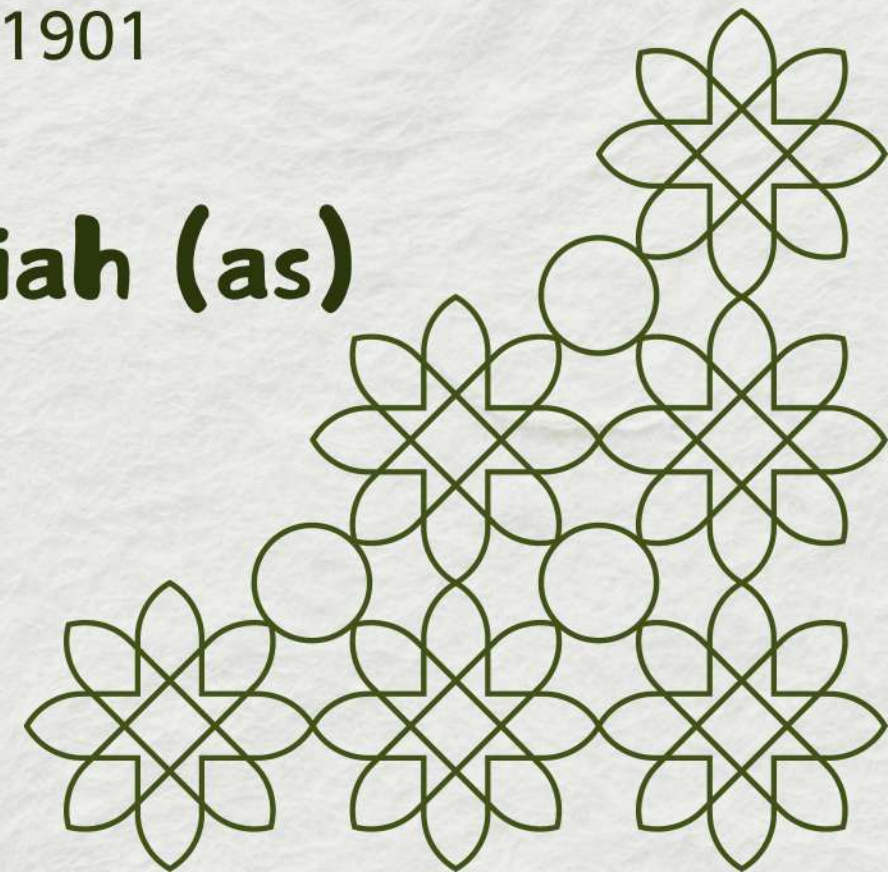
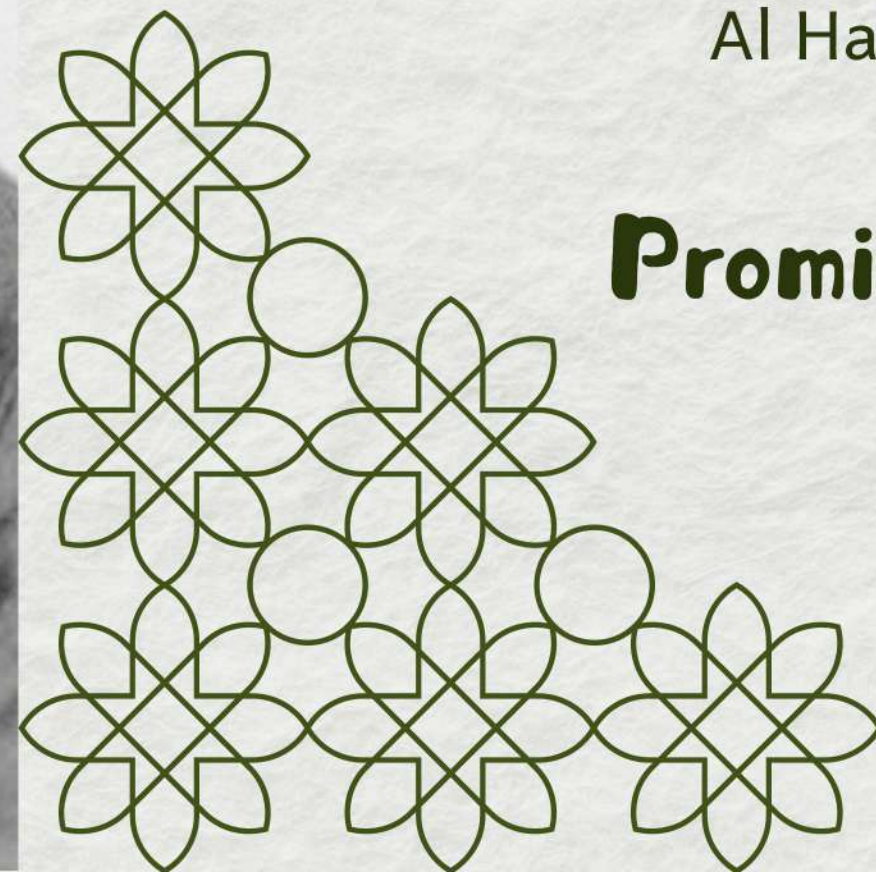


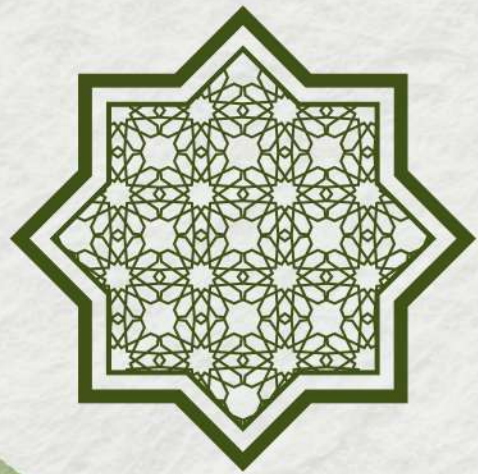


“Ramadhan is a blessed
month, a month of
prayers”

Al Hakam, Jan. 24, 1901

Promised Messiah (as)

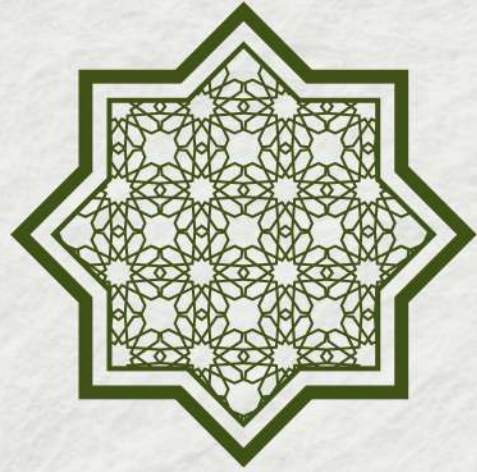




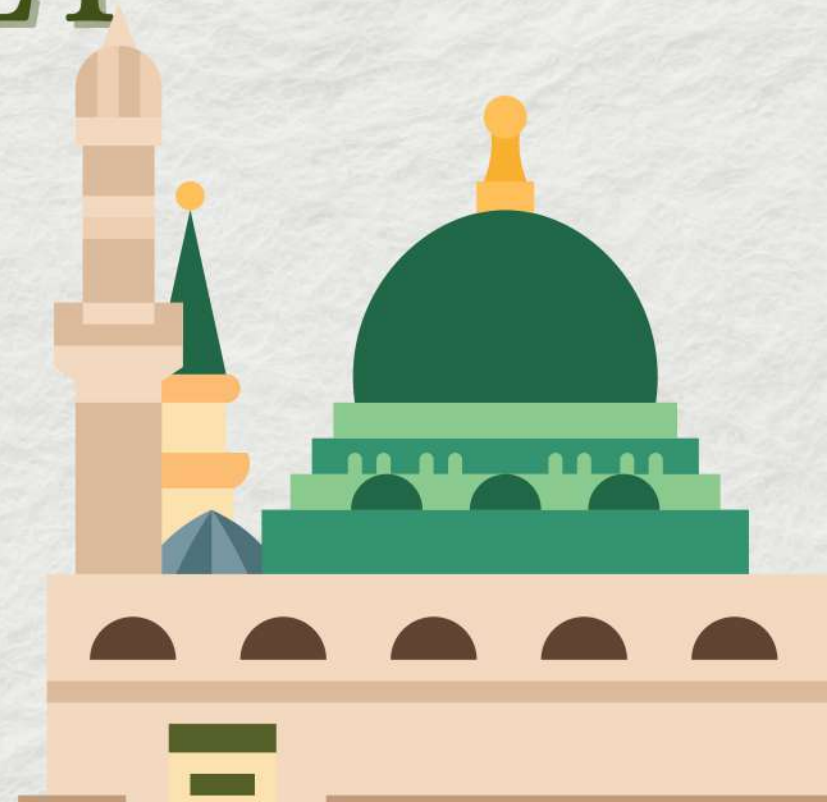
Whose example should we
follow to make the most
of Ramadan?



رمضان



A MUSLIM TRIES HIS BEST
DURING RAMADAN TO
FOLLOW THE EXAMPLE OF
THE HOLY PROPHET
MUHAMMAD (SAW)

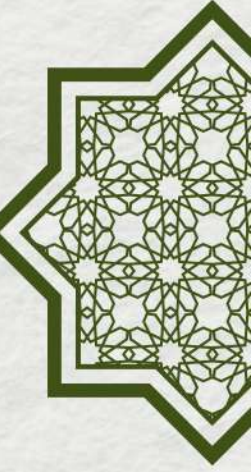


CHARITY



- One who fasts is also encouraged to practice charity.
- Charity and caring for the less fortunate are parts of a Muslim's life, but during Ramadan, we try to do even more.
- From your allowance, try to give some Sadqa.

It is narrated that the Holy Prophet Muhammad (saw) was "the most generous of all people, and he used to become even more generous during Ramadan"



- **The Holy Prophet (saw) taught that even smiling at your fellow human being is an act of charity. Guiding others toward goodness and discouraging them from wrongdoing are charitable deeds. Even providing directions to a lost individual is considered an act of charity. Ramadan is not about restraining one's appetite; rather, it is about promoting peace.**



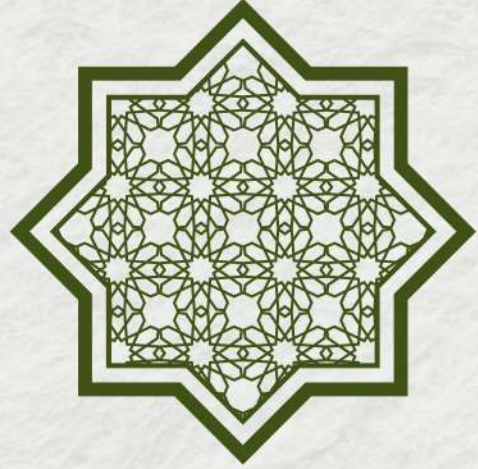


"When fasting is based on righteousness, it produces a beautiful society, creating a spirit of sacrifice for one another.

One is drawn to the needs of others, and this is very important because it was the blessed model of the Holy Prophet (pbuh) that during Ramadan, his alms-giving and charity would gain intense momentum like a fierce storm."

Hazrat Mirza Masroor Ahmad (aba)

Khalifatul Masih V



What do you say to
someone who argues
with you while
fasting?



رمضان

إِنِّي صَائِمٌ

"I AM FASTING"



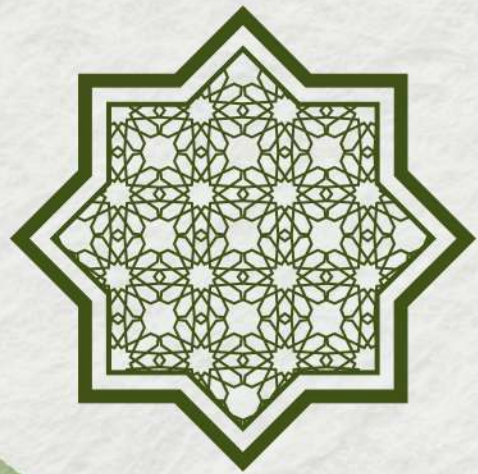
"Fasting is a shield; so the day one of you fasts, he should not indulge in foul talk nor should he shout. And if someone abuses him or fights with him, he should simply say to him, 'I am fasting, I am fasting.'"

The Holy Prophet (saw)

THE HOLY QURAN

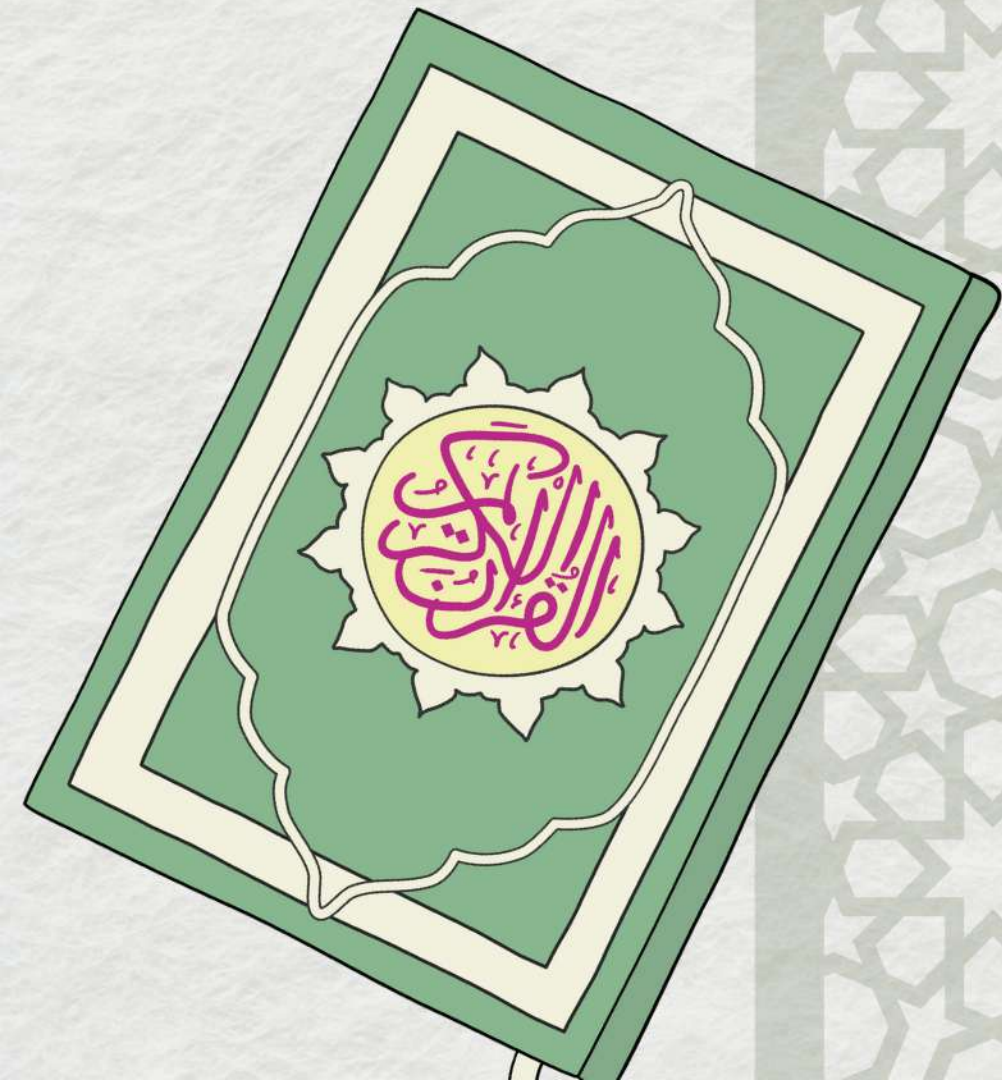
- It was on the **24th** of **Ramadan**, the **Holy Prophet (saw)** received the first **Quranic** revelation.
- During the month of **Ramadan**, the angel **Gabriel** would go over the **Holy Qur'an** with the **Holy Prophet (saw)**.
- **Atfal** should recite the **Holy Quran** everyday as the **Holy Prophet (saw)** did.

'The month of Ramadan is that in which the Quran was sent down as a guidance for mankind with clear proofs of guidance and discrimination.' (The Holy Quran, 2:186)



How much of the Holy
Quran should you read
in Ramadan?

رمضان





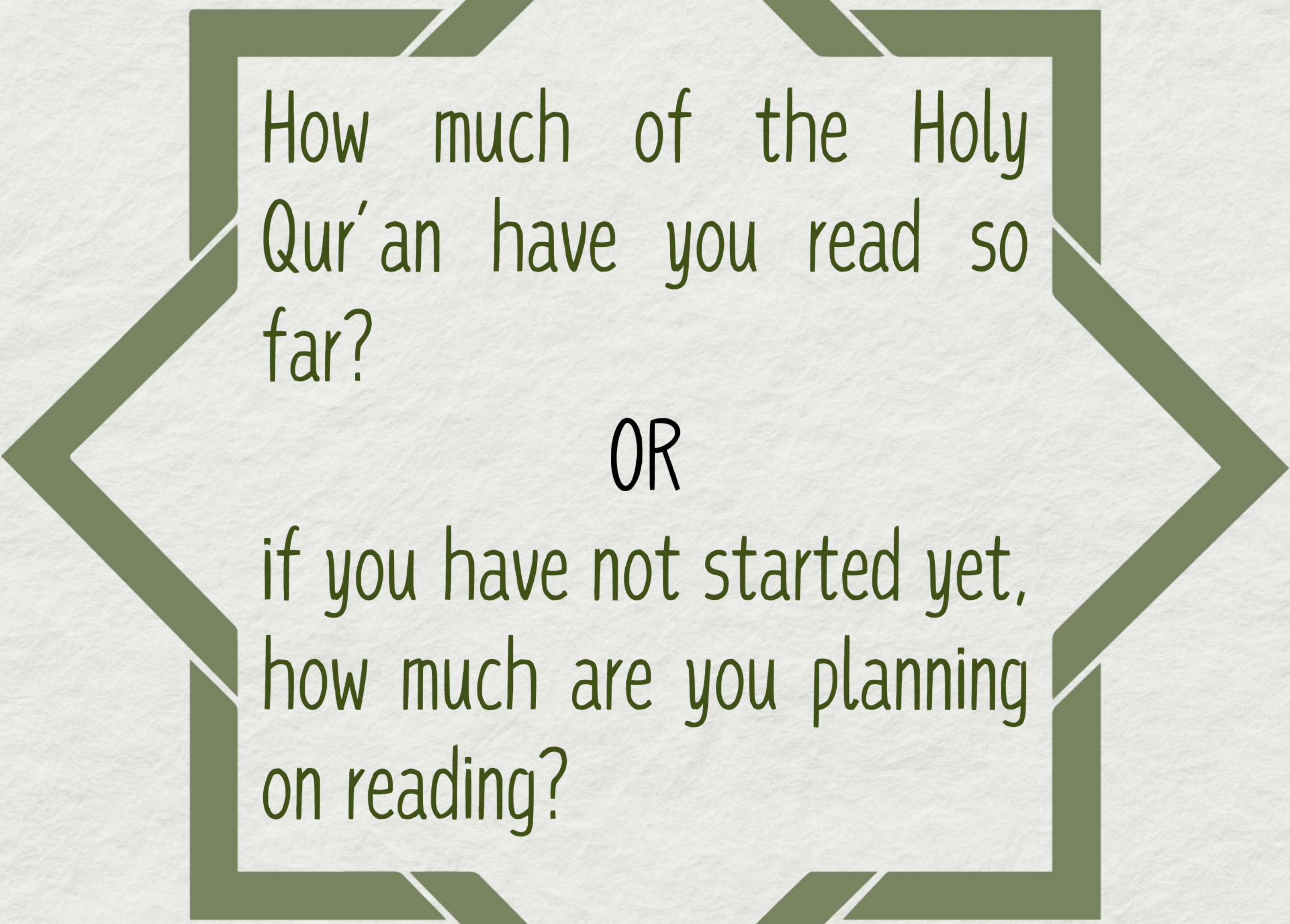
PRAYERS



- Every Muslim knows full well that there is a special connection between prayers and Ramadan
- The month of Ramadan, a month devoted to advancing towards Allah the Almighty, during which an atmosphere is created which encourages one to remember Allah.

The Holy Prophet (saw) said on one occasion: "Verily, Allah the Almighty is Modest and Munificent. He is ashamed to turn down His servant empty-handed when they raise their hands to Him [in supplication]."

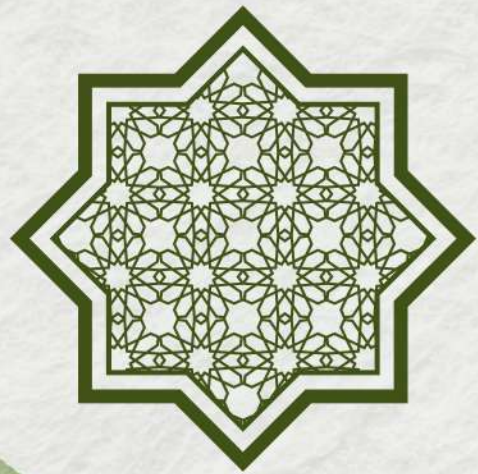




How much of the Holy
Qur'an have you read so
far?

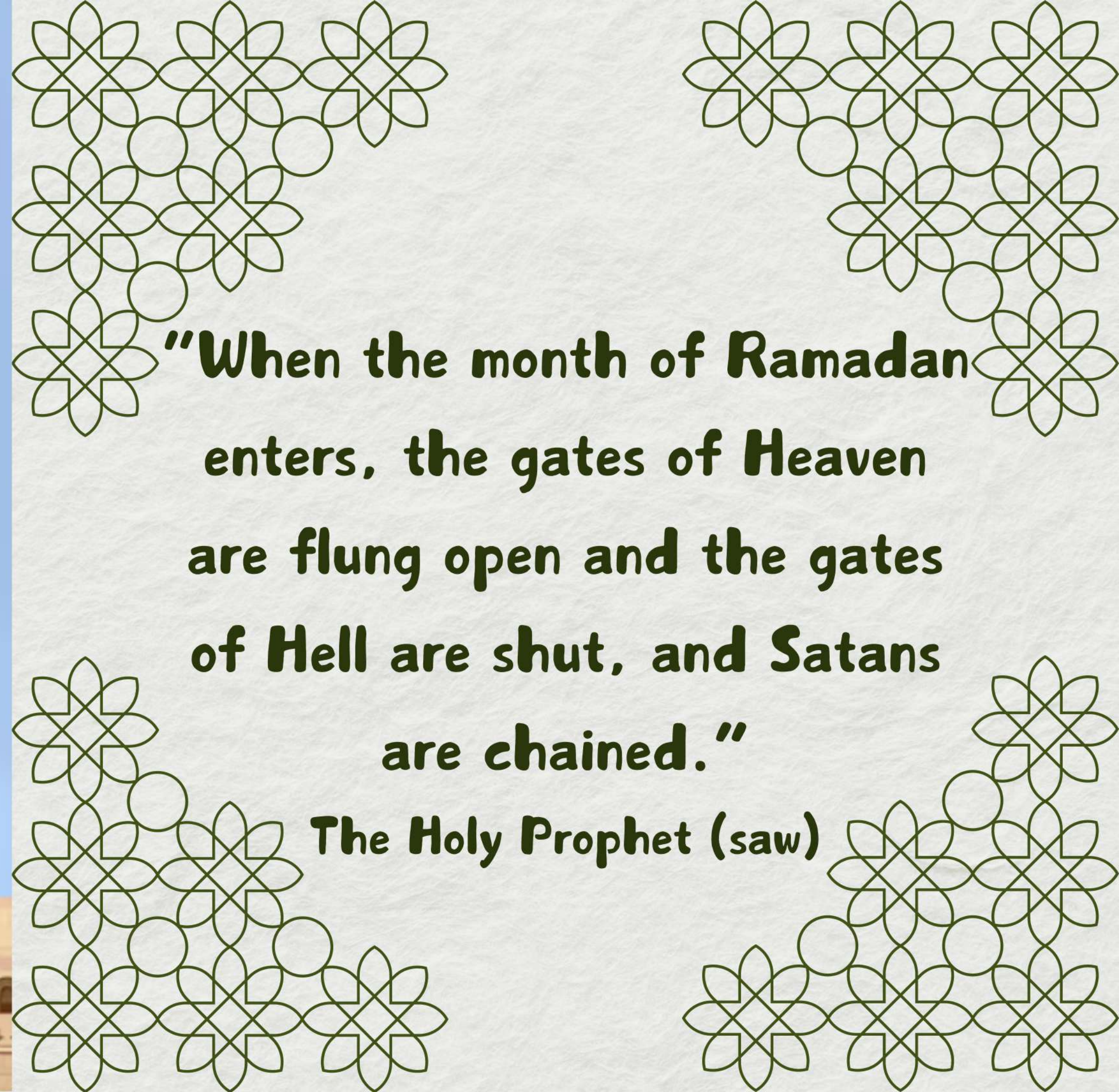
OR

if you have not started yet,
how much are you planning
on reading?



What are ways in
Ramadan we can
improve our prayers?

رمضان



"When the month of Ramadan enters, the gates of Heaven are flung open and the gates of Hell are shut, and Satans are chained."

The Holy Prophet (saw)

What to do if I'm too
young to fast during
Ramadan?

رمضان

FASTING





It is not compulsory for me to fast during Ramadan. How can I reap the blessings...



WWW.MTA.TV



Watch on  YouTube

Virtual Class with Atfalul Ahmadiyya Midlands Region, UK - 25 April 2021



“If we continue the good deeds we practiced during Ramadan into the rest of our lives, in that case we will truly be celebrating Eid and the joy we feel today will encompass the rest of our coming year.

This is the true purpose of Eid. Otherwise merely dressing up, having nice food and meeting with friends and making plans for the day are meaningless without understanding Eid’s real purpose.”

Hazrat Mirza Masroor Ahmad (aba)

Khalifatul Masih V

ACTIVITY

- Write a letter to beloved Huzur (aba)

Hand out blank pieces of paper and pen to each Tifl and make sure they have something to write on (e.g. clipboard) Atfal will write Ramadan Mubarak to Huzur (aba) and prayers. Include three things you'll try your best to do/accomplish in the blessed month of Ramadan.

ACTIVITY

- Have you started filling out your **Ramadan Challenge Tracker**?
- Print out copies for the **Atfal (Color or Black and White)** and give it to them to take home.
- Every week followup with the **Atfal** to see if they are updating the **Ramadan Challenge** at home

RAMADAN CHALLENGE

Download it from

www.atfalusa.org/tarbiyyat



رَضَّاهُ بِكَ