



Majlis Atfalul
Ahmadiyya USA

ATFAL TARBIYYAT CLASS

GUIDELINES

May 2025

"Maintaining a balance means that it is clear to you what your responsibilities are. (You ought to know that) these are your responsibilities pertaining to your studies, these are your responsibilities pertaining to Allah the Exalted, these are your responsibilities pertaining to respecting your parents and these are your responsibilities in dealing with your siblings. Everyone has their due rights, which ought to be fulfilled and you ought to fulfil your due responsibilities.""

Hazrat Mirza Masoor Ahmad (aba) - April 14, 2025



CLASS AGENDA

<u>Time</u>	<u>Item</u>	<u>Description</u>
11:45 AM	Arrival to Masjid/Salat Center	Please take note of attendance in Atfal Tracker
12:00 PM	Tilawat with English Translation	Chapter 4, Verse 44-46
12:05 PM	Pledge	Local Qaid, Nazim Atfal, Murabbi Atfal Read Pledge <i>Arabic 3x, English 1x.</i>
12:10 PM	Watch: This Week with Huzur (aba) - April 18, 2025	<u><i>This Week With Huzur (aba)</i></u> 0:00 - 18:00
12:25 PM	Tarbiyyat Class Presentation	See Guidelines
12:45 PM	Group Formations for Activity	See Guidelines
12:50 PM	Activity Session	See Guidelines
1:20 PM	Sports Activities + Lunch	Organized Sports/Waqar-e-Amal
2:10 PM	Zuhr/Asr Salat	

Tilawat

Surah An-Nisa , Chapter 4, Verses 44-46

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَقْرَبُوا الصَّلَاةَ وَأَنتُمْ سُكَرَىٰ حَتَّىٰ تَعْلَمُوا مَا تَقُولُونَ وَلَا جُنُبًا إِلَّا عَابِرِي سَبِيلٍ حَتَّىٰ تَغْتَسِلُوا ۚ وَإِن كُنْتُمْ مَّرْضَىٰ أَوْ عَلَىٰ سَفَرٍ أَوْ جَاءَ أَحَدٌ مِّنْكُم مِّنَ الْغَائِطِ أَوْ لَمَسْتُمُ النِّسَاءَ فَلَمْ تَجِدُوا مَاءً فَتَيَمَّمُوا صَعِيدًا طَيِّبًا فَامْسَحُوا بِوُجُوْهِكُمْ وَأَيْدِيكُمْ ۗ إِنَّ اللَّهَ كَانَ عَفُورًا غَفُورًا ﴿٣٧﴾

أَلَمْ تَرَ إِلَى الَّذِينَ أُوتُوا نَصِيبًا مِّنَ الْكِتَابِ يَشْتَرونَ الصَّلَاةَ وَيُرِيدُونَ أَن تَبْذُلُوا السَّبِيلَ ﴿٣٨﴾

وَاللَّهُ أَعْلَمُ بِأَعْدَائِكُمْ ۚ وَكَفَىٰ بِاللَّهِ وَلِيًّا ۖ وَكَفَىٰ بِاللَّهِ نَصِيرًا ﴿٣٩﴾

44 - O ye who believe! approach not Prayer when you are not in full possession of your senses, until you know what you say, nor when you are unclean, except when you are travelling along a way, until you have bathed. And if you are ill or you are on a journey while unclean, or if one of you comes from the privy or you have touched women and you find no water, then betake yourselves to pure dust and wipe therewith your faces and your hands. Surely, Allah is Most Indulgent, Most Forgiving

45 - Dost thou not know of those who were given a portion of the Book? They buy error and desire that you too may lose the way.

46 - And Allah knows your enemies full well. And sufficient is Allah as a Friend, and sufficient is Allah as a Helper.

Atfalul Ahmadiyya Pledge

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I bear witness that there is none worthy of worship except Allah. He is One and has no partner. And I bear witness that Muhammad صلى الله عليه وسلم is His servant and Messenger.

I sincerely promise that I shall always be ready to serve my faith Islam, Jama'at Ahmadiyya Muslimah, my nation, and country.

I shall always tell the truth, will not insult and abuse anybody, and I will try my best to obey all instructions given by Hazrat Khalifatul Masih, Insha'Allah

***Right hand over
left during
pledge.**

**All should be
standing**



Talking Points for Nazimeen/Murabbiyan Atfal

These are some points provided so that Nazimeen and Murabbiyan Atfal have a minimal idea of the message and theme of the class.

- Islam gives importance to Hygiene, cleanliness is a part of faith, Islam is the only religion that gives instructions that emphasis on this matter.
- Allah loves those who repent and those who keep themselves clean, the word Mutatahhirīn refer to those who keep themselves pure inwards and outwards.
- Since Allah's attribute is pure He loves those who keep themselves pure.
- The act of cleanliness instructed by the Holy Prophet (saw) has many preventions to being sick.
- Europe was plagued with diseases whereas Islamic countries were safe.
- The Holy Prophet (saw) himself carried such beautiful qualities, very clean and had a love for fragrances and applying oil.



Presentation Overview

Slide 2

Pose the question to the Atfal: Why does Islam give so much importance to Hygiene? Ask around and see the views Atfal have in this regard.

Slide 3

Pose the question to the Atfal: Has the Holy Prophet (saw) say anything about hygiene? Does anyone know the important Hadith about cleanliness?

Slide 4

Read the Hadith, (even encourage members to memorize this small hadith)

Slide 5

Explain the content on the slide, highlighting that Islam is the only religion that gives importance to this subject whereas no religion hasn't. Physical cleanliness is needed to excel spiritually, also carrying many health benefits in its support.

Slide 6

Read the content on the slide, Highlight that purity and seeking repentance towards Allah is connected, and the Arabic of the word Mutatahhirin not only means being pure spiritually but also means to keep yourself clean.

Slide 7

As Allah's attribute is pure and clean and He loves purity so a Muslim should also keep himself pure and clean. The Arabic word Nazeef means clean (physically)

Slide 8

Read the quote, explain to them that Allah does not like those who are impure and unclean since Allah desire of purity.

Presentation Overview

Slide 9

Impose the question to the Atfal: What does Islam instruct to us to do to keep ourselves clean? hint to them and make sure to brainstorm many answers to have it engaging. Hint towards having a toothbrush, items in the washroom such as a lota, nail cutter and etc. What's their importance?

Slide 10

Read the acts of cleanliness, ensure that they understand each act and that they make a part of their daily routine. Washing the hands thoroughly, not only do they use toilet paper but use water to clean, habit of brushing teeth, explain to them once they grow they develop hair under their privates and the body needs to be groomed to prevent sweat and build up (bacteria and germs)

Slide 11

Read out the instructions given from the Holy Prophet (saw) to protect himself from filth.

Slide 12 - 13

Go through the content of the slides which explains the philosophy of these instructions of the Holy Prophet (saw), which make sure no germs are spread. How can one fathom such teachings over 1400 years ago which are being proved by modern sciences

Slide 14

Impose the question to the Atfal: Has the Holy Prophet (saw) say anything about brushing your teeth?

Presentation Overview

Slide 15

Read the content on slide 15 which explains the wish of the Holy Prophet (saw) in this regard.

Slide 16

Read the content of the slide and the instructions of the Holy Prophet (saw)

- *Water containers to be closed, utensils covered and food to be well kept was to ensure no contamination*
- *Spitting in public areas also passes germs and can cause people to get sick. He forbid in the mosque because the mosque was a hotspot of Muslims coming together.*

Slide 17

Compare how Europe was while Islamic nations were free from such plagues and epidemics.

Slide 18 and 19

Pose the question to the Atfal and get their answers, read the prayer in the next slide.

Slide 20 and 21

Pose the question to the Atfal and get their answers, read the quote of Khalifatul Masih IV (rh), How the Holy Prophet (saw) carried himself; he would keep his hair and body clean and would love to apply fragrance, kept a nice physique and maintained a healthy lifestyle. Made sure to look his best.

Activity:

Cleanliness BINGO

The key takeaway of this game is to understand the importance of cleanliness and hygiene, and help build good habits.



Material Required - Print out Bingo sheets, provide marker/sticker for markings

- *Each Tifl will be given a BINGO sheet (link will be provided)*
- *The actions will be read out loud randomly one at a time, and if the Atfal have done the action they will mark off the square on their card (can use marker, or sticker to mark off) Each group member takes a card*
- *When Atfal mark 4 squares in a row (across, down, or diagonally) they will have to shout 'HYGIENE'*
- *Simple prize can be given to winner(s) (instead of candy give any hygiene essentials*



CLEANLINESS

BINGO



Uses left
hand to
handle filth

Wore clean
pair of socks

Showers
before
Jummah

Cuts his nails

Brushed
teeth this
morning

Cleans their
room

Brushes their
hair

Washes
hands before
eating

Sneezes or
coughs in
elbow

Makes
proper
Wudu

FREE SPACE

Takes shoes
off before
entering
prayer hall

Does he
keep the
mosque area
clean to use

Washes
himself after
using the
bathroom

Wears
perfume or
deodorant

Avoids
eating junk
food



CLEANLINESS

BINGO



Brushed teeth this morning	Wore clean pair of socks	Washes himself after using the bathroom	Cuts his nails
Washes hands before eating	Cleans their room	Does he keep the mosque area clean to use	Avoids eating junk food
Brushes their hair	Uses left hand to handle filth	FREE SPACE	Takes shoes off before entering prayer hall
Sneezes or coughs in elbow	Showers before Jumma	Wears perfume or deodorant	Makes proper Wudu