

AL BASHIR

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MAJLIS ATFALUL
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MEET THE TEAM



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READ AND TRACE THE ARABIC WORDS

WORD	MEANING	WRITE
خطاب khiṭābin	Speech 	خطاب
مسابقة musābaqatin	Competition 	مسابقة
تعلم ta'llumu	Learn 	تعلم
فريق farīqin	Team 	فريق
الرياضية ālriyādiyyati	Sports 	الرياضية
جائزة jā'izatin	Award 	جائزة

BACK TO SCHOOL PRAYERS

Prayer on Increasing Knowledge

رَبِّ زِدْنِي عِلْمًا

Rabbi Zidni ilma

O my Lord, increase me in knowledge. (20:115)

Prayer on Seeking Forgiveness

أَسْتَغْفِرُ اللَّهَ رَبِّ مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

Astaghfirullah rabbi min kulli zambin wa atoobu ilaih

I seek forgiveness from Allah for all my sins and turn to Him.

Tasbeh

سُبْحَانَ اللَّهِ الْحَمْدُ لِلَّهِ - اللَّهُ أَكْبَرُ

Subhaan Allah, Alhamdo lillah, Allaho Akbar

Glory to Allah, All praise belongs to Allah, Allah is the Greatest.

Prayer on Seeking Allah's Protection

يَا حَفِیْظُ يَا عَزِيزُ يَا رَفِیقُ

Yaa hafeezu yaa `azeezu yaa rafeeq

O Protector! O Mighty! O Kind God! (I seek Your protection, Your support and Your friendship).

BACK TO SCHOOL PRAYERS

Prayer on Starting a Meal

بِسْمِ اللَّهِ وَ عَلَى بَرَكَاتِهِ

BismiLlaahi wa `alaa barakatiLlah-i

In the name of Allah and with the blessings of Allah (I start eating)

Prayer on Ending a Meal

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَ جَعَلَنَا مِنَ الْمُسْلِمِينَ

Alhamdu liLlah-illadhee at- `ama-naa wa saqaa-naa waja`alanaa minal-muslimeen

All praise belongs to Allah, Who provided us with food and drink and enabled us to be Muslims (submissive to God)

Prayer on Getting into a Vehicle

بِسْمِ اللَّهِ مَجْرَهَا وَمُرْسَاهَا إِنَّ رَبِّي لَغَفُورٌ رَحِيمٌ

Bismi-Llahi majray-haa wa mursaa-haa, inna rabbee laghafoorur-raheem

In the name of Allah be its course and its mooring. My Lord is assuredly Most Forgiving, Merciful. (11:42)

Prayer on Success on a Task

رَبِّ اشْرَحْ لِي صَدْرِي ، وَ يَسِّرْ لِي أَمْرِي هِ وَأَخْلِلْ عُقْدَةً مِّنْ لِّسَانِي يَفْقَهُوا قَوْلِي

Rabbish-rahlee sadree wa yassir-lee amree wah-lul `uqdatanm-mil-lisaani yaf-qahoo qaulee

O my Lord, open up for me my heart, and ease for me my task, and untie the knot of my tongue, that they may understand my speech. (20:26-29)



Run



MUHAMMAD (SAW) & SPORTS

BY ARHUM AHMED

In the annals of Islamic history, the life of the Prophet Muhammad (saw) is often celebrated for his profound spiritual teachings and his role as a messenger of Allah. However, beyond his divine mission, there exists a facet of the Prophet (saw)'s life that is lesser-known but equally fascinating – his love for sports and physical activities. While it is widely acknowledged that the Prophet Muhammad (saw) emphasized the importance of maintaining a healthy body, few may realize the extent to which he actively engaged in various sports during his lifetime. By learning about this subject, we can gain valuable insights about how we can work to improve our own health.

During the time of the Holy Prophet (saw), there weren't many options for sports, considering that the nation of Arabia was located in the middle of a desolate desert. Nonetheless, people still found ways to enjoy themselves, including Muhammad (saw). Three sports which the Prophet (saw) appreciated in particular were archery, horse/camel riding, and running. On archery, Holy Prophet Muhammad (saw) said:

"Everything with which a man amuses himself is vain except three (things): a man's training of his horse, his playing with his wife, and **his shooting with his bow and arrow.**"

-Sunan Abi Dawud 2513

Archery was considered a useful sport since it had both entertainment and practical applications. For entertainment, it was most likely enjoyable to watch two skilled archers compete to see who is the most precise. In a way, archery was viewed like golf in the modern-day, with the game being a competition more about the arrow than the archer. Practically however, skilled archers were essential to warfare, which was part and parcel of life in pre-Islamic Arabia, since tribes were constantly at war with each other.

This meant that skills such as archery were highly valued, an attitude which persisted even into the Islamic era, since hostile powers still surrounded the newly unified tribes.

In a similar sense, horseback and camel riding was also a popular sport. The Prophet (saw) spoke highly of both forms, saying:

It was narrated from Abu Hurairah that the Messenger of Allah (saw) said: "There should be no prizes for racing **except races with camels and horses.**"

-Sunan Ibn Majah 2878

Even though horseback and camel riding were useful in war (particularly horseback riding), there were crucial peacetime applications of these sports as well, namely travel and trade. Back then, horseback and camel riding were the primary forms of transportation, and anyone adept at riding either animal was most definitely considered skilled. While camel riding has fallen out of favor as a popular sport in the modern day, professional horse races, such as the Kentucky Derby are watched and enjoyed by millions around the world.

On a lighter and more jovial note, Muhammad (saw) also liked to run and race, with Aisha (ra), the Prophet's daughter saying:

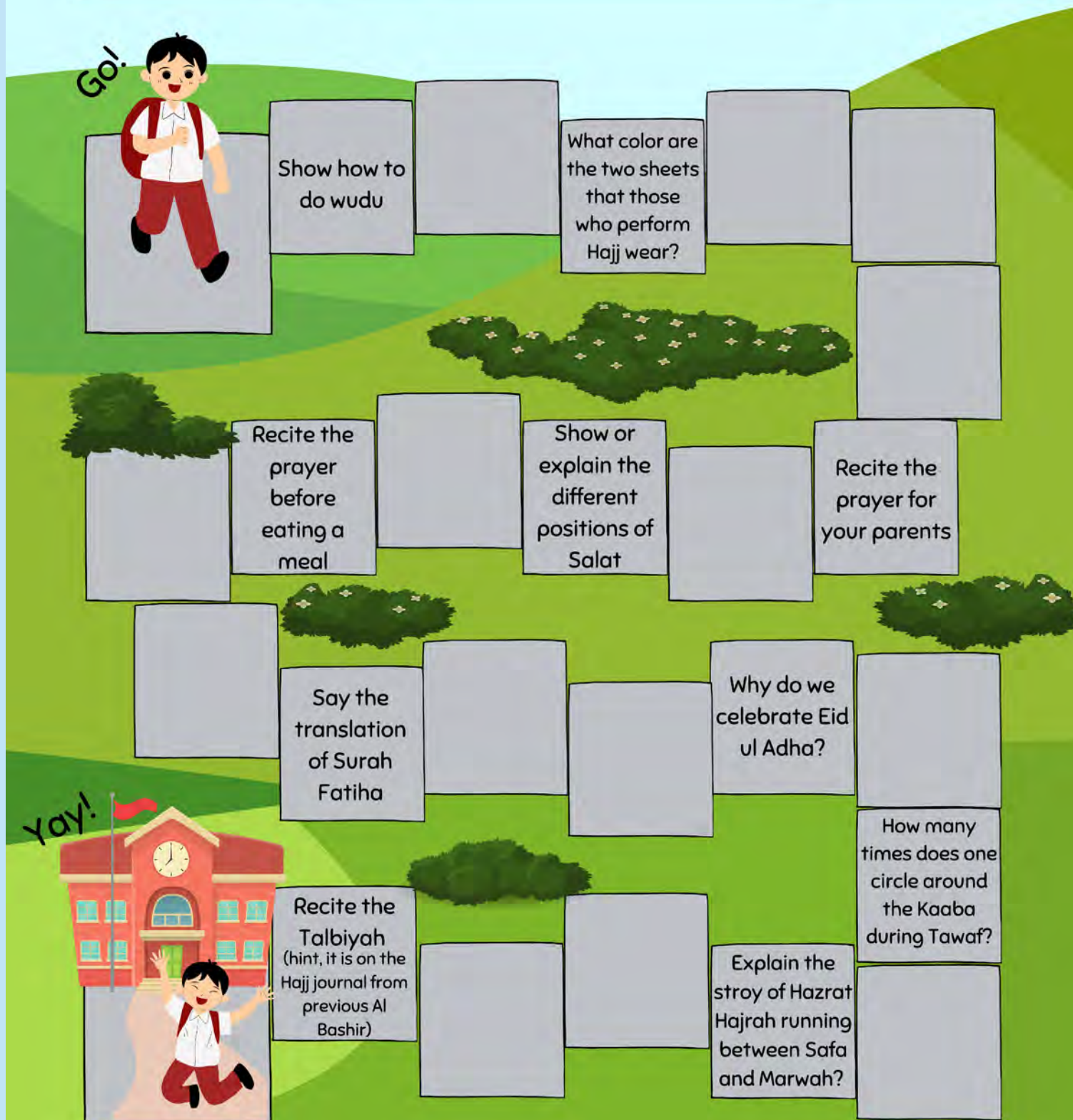
"The Prophet raced with me and I beat him."

-Sunan Ibn Majah 1979

Following the example of the Holy Prophet Muhammad (SAW), who valued leisure and sports alongside his spiritual and strategic endeavors, highlights the significance of physical activity in our lives. In the modern context, sports offer various health benefits, promoting physical fitness, cardiovascular health, and mental well-being. Engaging in sports aligns with the Islamic principle of moderation, emphasizing a balanced lifestyle where physical health complements our spiritual duties. By nurturing our bodies and minds through sports, we not only maintain good health but also better equip ourselves to fulfill our religious obligations, ultimately contributing positively to our faith and communities.

Get to school!

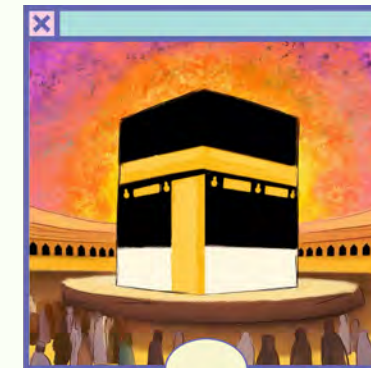
Directions: Help Harris get to school! Roll a dice then move a coin according to the number on the dice. If you land on an action square, complete the action on it. If you correctly complete the task stay on that space, if incorrect move back to your previous space. It can be played by 2-4 friends. First player who gets to school wins!



Hajj Review



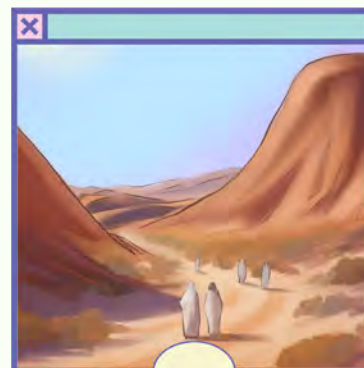
You Go to the city of _____ for Hajj.



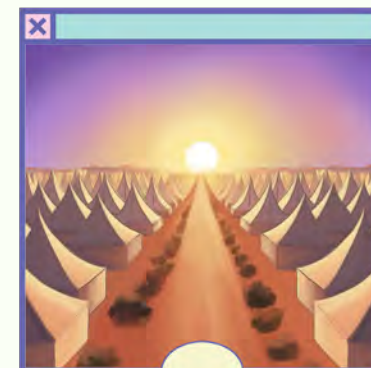
_____ is when you circle around the Kaaba seven times.



On the 9th of Dhul-Hijjah you spend the night at _____ under the stars.



_____ is when you run/walk between the hills of Safa and Marwa.



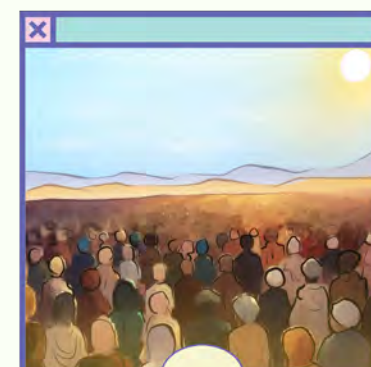
During Hajj you spend a night in a white tent in a place called _____.



_____ is a symbolic act to strike the devil by throwing small stones at three pillars.



On Eid-ul-Adha, you sacrifice an _____ and have a special meal with your family.



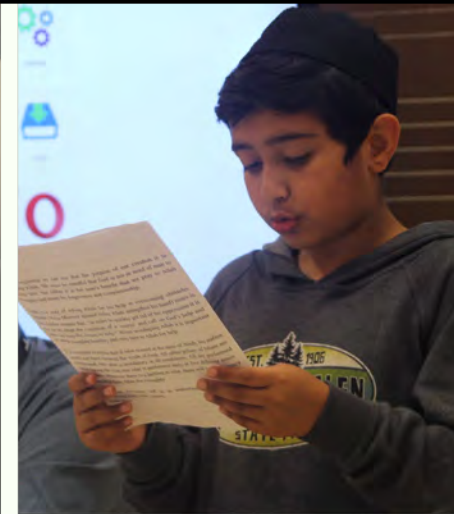
People from all across the _____ come for Hajj.



You Go to the country of _____ for Hajj.

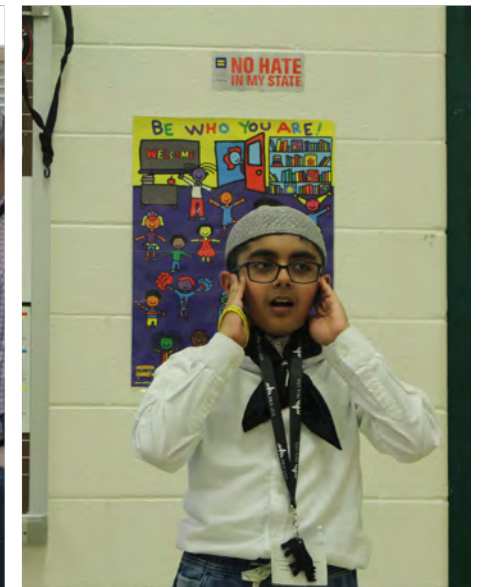
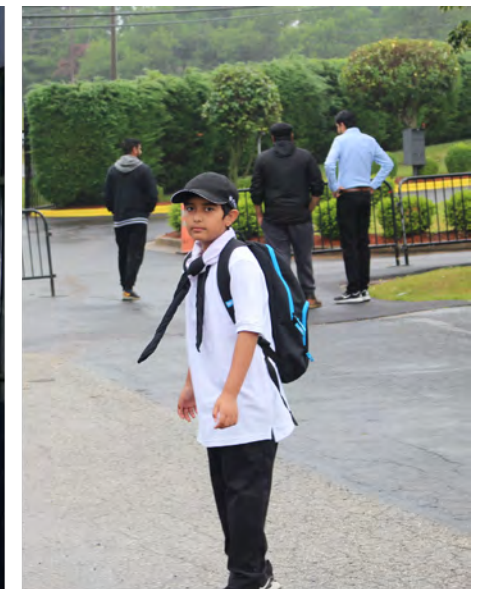
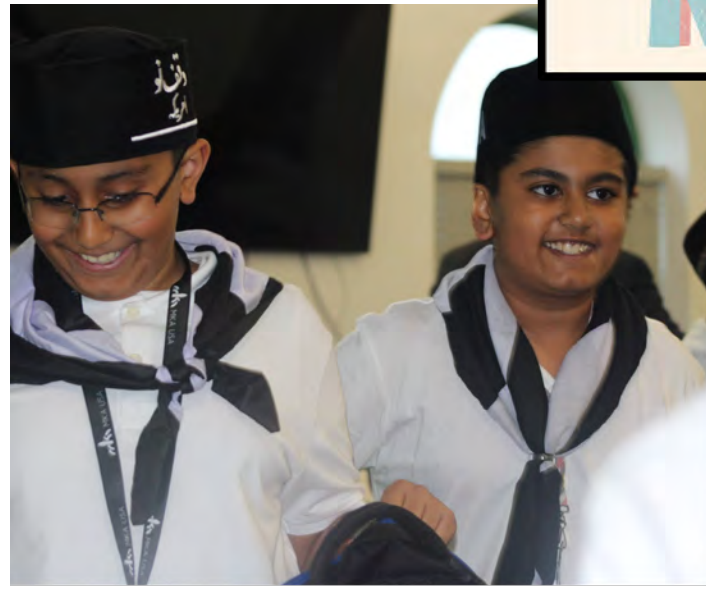


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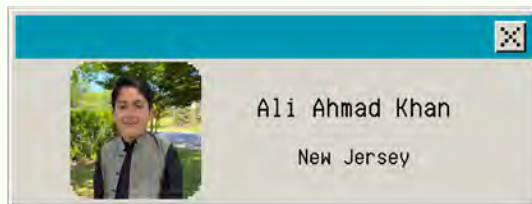




NATIONAL IJTEMA 2023



Articles and Poems



Importance of Salat

Salat is one of the most important parts of Islam. It is the second pillar of Islam and should be offered five times a day. By doing prayers daily, we will receive lots of blessings from Allah the Almighty. Salat is the key to Heaven and success.

Allah the Almighty says in Holy Quran, "Recite that which has been revealed to thee of the Book, and observe Prayer. Surely, Prayer restrains one from indecency and manifest evil, and remembrance of Allah indeed is the greatest virtue. And Allah knows what you do" (29:46).

Hazrat Masih Maud (as) has said that one should offer five prayers with such humility as if you see Allah. Hazrat Masih Maud (as) also said that Salat is supplication (Malfuzat Vol. 4) and that "the real purpose and essence of Salat is supplication" (Malfuzat Vol. 1)

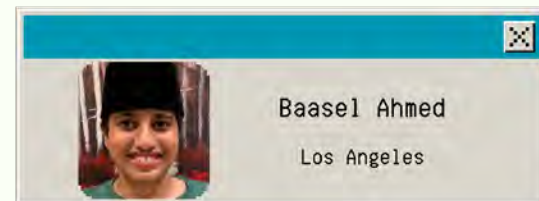


Islam and Education

Islam is the most education-based religion on Earth. In a Hadith of the Holy Prophet (SAW) he said, "It is the duty of every Muslim man and woman to seek knowledge." This proves that Islam is a knowledge-based religion, and because of that it is based on education. Islam also spearheaded modern-day mathematics as well as science during the Islamic Golden Age.

Islam preaches education and uses logic and understanding to explain its beliefs. It doesn't just go "just because", but it connects real events. The miracles of Allah are always preached to work in sensible ways, and it denies things that could not possibly happen. Ahmadiyyat also encourages education, with several awards given every year for education.

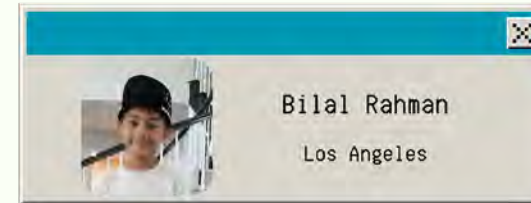
Ahmadiyyat also aids in religious education with Jamia helping people to become Murabbis as well as feeding and paying for their living. Jamia helps the spread of Islam and also gives knowledge, living, and food for young men willing to be Murabbis. This proves that Islam and Ahmadiyyat is education-based.



The Importance of Salat

As an Ahmadi Muslim, it is a requirement to do your five daily prayers – Fajr, Zuhr, Asr, Maghrib, and Isha – every day. You may ask, "Why do we need to do Salat, and is it truly so important?" First of all, you should do Salat in order to connect to Allah, not simply because it is compulsory. Focus entirely on connecting with Allah and not on rushing through it as if it is just a task in the way of your schedule. The Promised Messiah (as) states, "Man cannot attain nearness to Allah unless he performs prayers as it behoves to do so." This means you must perform Salat and follow the etiquette of Salat. The third condition of Bai'at also asserts, "That he shall offer prayers (Salat) five times daily."

Additionally, there are many benefits to Salat. It allows us to confess our sins and be forgiven by Allah, it inclines us towards God, and it purifies us. The Holy Quran mentions, "Recite that which has been revealed to thee of the Book, and observe Prayer. Surely, Prayer restrains one from indecency and manifest evil, and remembrance of Allah indeed is the greatest virtue. And Allah knows what you do" (29:46). This quote is crucial for Ahmadi Muslims, as the remembrance of Allah is surely "the greatest virtue." Congregational Salat, or reciting prayers in a group, is also a way to receive substantially more blessings from Allah. A Hadith tells us that the reward of a prayer offered in congregation is twenty-seven times more than that offered individually (Chapter 2, *The Method of Offering Prayer*). As an example, my family and I do Maghrib and Isha Salat together, and we benefit from one another. Additionally, one purpose of our mosques is to bring Muslims together for congregational prayers. In conclusion, the importance of Salat is undeniable as it allows us to form a spiritual connection with Allah, remember Allah, and perform congregational Salat with one another.



A Poem about Football

Fierce

Outstanding

Overtime

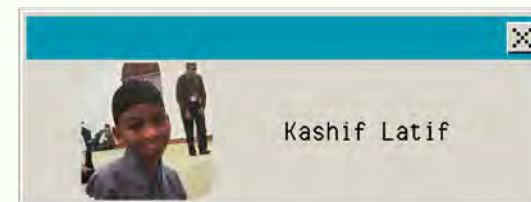
Teamwork

Balance

Aggressive

Linebacker

Legendary



Ijtema'at

A few years ago, I went to the Virginia ijtema. There, I made friends with a young boy my age. I remember us just rolling down this huge hill for a good few minutes, and boy, did we have fun!

Another memory I recall was from the same ijtema. There, we were able to do a bunch of fun activities like laser tag and virtual reality. There was even a water slide! My favorite activity was laser tag. What made it exciting was how they turned a whole room into a battlefield! They made chairs and couches into bunkers! It was amazing!

Finally, my best memory is going to the ijtema with my family! Activities always feel better when done with family. For example, my cousin and I would find other kids to play with, play hide and seek, and even eat together.

In conclusion, Ijtema'at can have a ton of memorable moments as long as you take the time to make them.



My Cool Tahir Academy Poem

Tahir Academy is very fair.

Tahir Academy is also rare.

When I do Tahir Academy, I sit on my chair.

I learn a lot over there.

In Salat section, I recite and memorize Ruku, Tasmee and Tahmid.

In Basics of Islam, short stories I read.

In History of Islam, I learn about the Promised Messiah (as) and his homeland



I Am an Ahmadi American

I am an Ahmadi American,

But everyone asks where I'm from.

I may look different, but we all have the same heart.

How can you tell me apart?

I sleep, eat, and pray.

In God we trust every day.

My grandparents left their Muslim country to build a home here.

It's not easy to blend in, I fear;

People think we do not belong.

My family was born here and we are strong.

We use our voice and preach to try and change the wrong.

If we stand together like the United States,

We can all see each other as one human race.



The Patience of the Holy Prophet (saw)

One of the most remarkable qualities of the Holy Prophet (SAW) was his immeasurable patience which never wavered, even in circumstances where he faced severe opposition from every person he turned to. The first instance of this was when the young Prophet (saw) went to preach the early message of Islam in Mecca, where he was ridiculed for opposing the Meccan polytheistic beliefs of idolatry. For many grueling years, he faced brutal abuse of all kinds, including verbal and physical abuse.

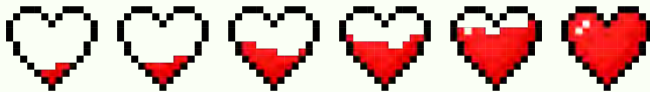
Eventually, the persecution he faced became so brutal that he had to turn away to the nearby town of Ta'if. However, he found even more opposition. At one point, the vagabonds and street boys of the village started to throw stones at the Holy Prophet (saw), who began to bleed profusely. They drove him several miles out of Ta'if until finally, the Holy Prophet (saw) saw an angel descend. This angel asked him if he would like his persecutors to be destroyed. The Holy Prophet (saw) denied the angel's request and simply prayed to Allah that these people would unite and pray towards the One, True God. Such is the patience of the Holy Prophet (saw), that when he was being brutally tortured just for trying to preach the message of Islam, the only thing he wanted was for them to devote themselves to Allah. He desired no vengeance, and even when the most vile of all verbal and physical abuse was poured on him, he did not show the slightest frown or any sign of anger.

This is but a single instance of patience in the Holy Prophet (saw). There are countless more instances of these occurrences where he did not show a single sign of anger, contempt, or pain. This is the message that we should strive to follow in our lives—the true example set by the Holy Prophet (saw). He did not desire anything on this entire planet besides the acceptance of Islam and its teachings. I hope that in our day-to-day lives, we can seek patience like that of the Holy Prophet (saw).



I Love My Khalifa

I love my Khalifa. He is kind.
I love my Khalifa. He is Great.
I love my Khalifa. He is full of light.
I love my Khalifa. He is always bright.
I love my Khalifa. He is my leader.
I love my Khalifa. He is my teacher.
I love my Khalifa. He tells the difference between good and evil.
I love my Khalifa. He is my hero.



To Cook You Don't Need a Book

Oh, how I love to cook!
With all the food Allah has given us,
All you have to do is look,
And there will be no fuss!
When you cook,
Why use a book?
You could use your mind;
Then your food will be fine.
You want to make pizza?
But don't have dough in the freeza?
Just use some bread instead!
Now Alhamdulillah, you will be fed!



To the Mosque

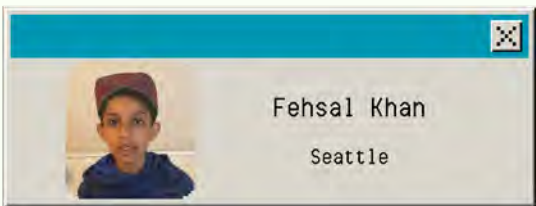
Oh, What a beautiful time to visit,
I'm sure this will be exquisite,
For I am at the mosque,
Here at the house of God.
Oh, What a beautiful time to visit.

For I am here to worship,
For I am here to pray,
Allah is here for me night and day,
For I hope not to go astray.
Oh, What a beautiful time to visit.

Here I enter the doors of God,
Get rid of me, whatever is odd,
Lead me on the right road,
My shoulders, release the load.
Oh, What a beautiful time to visit.

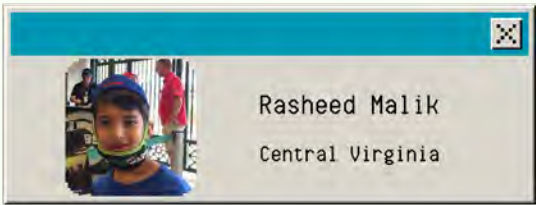
In this state of euphoria,
Beautiful as a sequoia,
No one is my enemy,
For Allah is with me.
Oh, What a beautiful time to visit.

This visit was sweet as tart,
But the time is upon us to depart.
Remember all the things you've learned,
For we will soon return.
Oh, What a beautiful time to visit.



Importance of Salat

The Promised Messiah (as) said, "Man cannot attain nearness to Allah unless he performs prayers as it behoves to do so." The Holy Quran also reminds us to safeguard our prayers, make them regular, and watch over them, especially those prayers that fall during times of other business. Salat should be offered with complete attention towards God, and worldly thoughts should not occupy our minds. This can be achieved by focusing on God and having the intention of following God's every commandment. These are some reasons why salat is important.



My Favorite Baseball Team

The Chicago Cubs are my favorite baseball team because they are my dad's favorite team and they are from Chicago, which is my favorite city because that's where my grandmother lives and there is a lot of fascinating architecture there.

One day this past summer while on holiday in Chicago, my dad told me he and I were going to go to a Cubs game. I was really excited! Just one week later, I was at Wrigley Field, also known as the Friendly Confines. I got lots of sweets, baseball cards, and even a certificate because it was my first game ever. I had gum, Italian ice, and Pepsi, and I usually don't get to have these types of things!

The Cubs played well and I enjoyed when they hit home runs. We all stood up and screamed as loud as we could. Unfortunately, the Reds played better and we lost. I felt bad we lost but at least we tried our best.

Back in Amman, Jordan, I play baseball with my dad at home and I also play at the American Embassy where my dad works. My mom, who is British and doesn't really know about baseball, takes me to our practices. My dad also comes down to watch me because he works there. If you don't have a favorite team already, you should consider choosing the Cubs too.



Acrostic Poem on Angels

Did you know that to believe in Angels is one of the six articles of faith?

Here is an acrostic poem about these heroes.

Allah's creation

Numerous

Gabriel (as) is the Archangel

Eyes cannot see them

Loyal but limited in their ability

Sinless

(By the way, the Angels are my favorite baseball team.)

Thank you for reading my acrostic poem on Angels!



The Joy of Sports

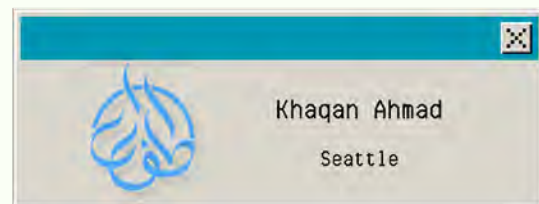
One of the things I love about being an Ahmadi Muslim is that we have teachings for everything in our lives. The Holy Prophet (saw) said that a strong believer is better than a weak believer, and that we should strive for what benefits us. One of the things that we are taught is to take care of our bodies, so we should eat healthy food and keep active. We even have a department in Atfal for physical fitness called Sehat-e-Jismani.

I love to play all sports, but my favorite is basketball. One of the ways I learn new skills is by watching basketball. My favorite team is the Boston Celtics. I like the Celtics, not really because of the current basketball players, but because of players I liked in the 1980s. I liked a player named Larry Bird, who was very good at scoring. Larry Bird even won three championships, three season MVPs, five Finals MVPs, and three 3-point contests. People think it is kind of weird that I like the Celtics because I am from Los Angeles and the Los Angeles Lakers have always been rivals with the Boston Celtics. Larry Bird actually did have a rival on the Lakers named Earvin "Magic" Johnson. These two

were good friends too, so they can teach us about good sportsmanship.

I love sports, not just because they are fun and good for you, but also because sports bring people together.

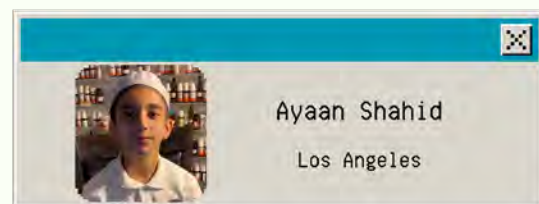
People make friends while playing sports and that is why playing sports makes me happy! So what sports do you like to play and watch?



The Mosque

My name is Khaqan Ahmad, and I am from Seattle. I am in 3rd grade. I love going to the mosque. I get to see my friends and play with them. We have a gym, a playroom, and a lounge. We have a foosball table, a basketball hoop, and some legos to play with.

The mosque is 35 minutes away. On Fridays, we go to the mosque for Friday prayer and then again for Waqf-e-nau class in the evening. First, we attend Waqf-e-nau class, then we offer Isha prayer and listen to dars by Murrabi Sahib. After prayer, we go to the gym and play different games like soccer and basketball.



Importance of Salat

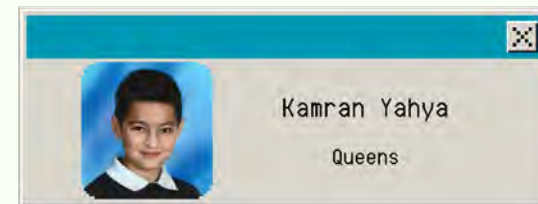
Salat is a very important part of our religion. It is the second pillar of Islam. It is obligatory for every Muslim, man and woman, to pray five times daily, on time.

Hadhrat Abdullah (ra) asked the Holy Prophet Muhammad (saw) "Which deed is the dearest to Allah?" He replied, "To offer the prayers at their early stated fixed times". (Sahih al-Bukhari).

Salat disciplines us and teaches us persistence. We must wholeheartedly pray, seek forgiveness from Allah, and stay steadfast with our faith. Salat brings us closer to Allah because we are able to talk to our Creator. For example, we can perform Salat if we are happy, sad, excited, disappointed, or lonely. We can share everything with our Lord.

Salat makes our life beautiful by allowing us to connect to Allah Almighty and seek help to make our life easier and

more peaceful. Salat guides us to the the right path. As a result, Salat purifies our hearts and gives us a better chance to enter paradise. May Allah guide us all to offer five daily prayers on time and make our homes a true reflection of Islam. Ameen.



Our Qibla, Our Kaaba: The House of Allah

We turn our faces to the Kaaba, during Salat. In other words, our Qibla (point of attention in prayer) is Kaaba i.e. the House of Allah. The Kaaba is situated in Masjid Al Haram in the city of Mecca, Saudi Arabia. Mecca is the holiest city for Muslims. The literal meaning of the word Kaaba is a cube.

Hadrat Adam (as) built the first Kaaba in present-day Saudi Arabia and it remained the center for worship for his followers for some time. About 4000 years ago, Hadrat Ibrahim (as) rebuilt the Ka'bah under divine guidance.

In the year 570 A.D., the Christian Chief of Yemen, named Abraha, attempted to invade Mecca with the intention of destroying the Kaaba. Abraha's army rode on elephants, and in Arab history, the year 570 A.D. is known as the 'Year of the Elephant.' Abraha did not succeed in his mission, and his army was destroyed by an epidemic of disease and a terrible storm. A special mention is made of this incident in Surah Al-Fil, that is Chapter 105 of the Holy Quran (The Review of Religions, May/June 1997).

According to the Holy Prophet (saw), Hajar Aswad, or the Black Stone, in the Ka'bah is one of the residues of the stones that were showered from 'Heaven.' The 'stones' that came from 'Heaven' (which we now understand were probably part of a meteor-showered in that area under the command of God) were used to build the very first house of worship of Allah (www.alislam.org/question/back-stone-significance-muslims/).

It should be kept in mind that the Black Stone itself does not hold any spiritual significance at all. The pilgrim may touch or kiss the Black Stone, as the Holy Prophet (saw) kissed it when he performed the circuit. The Holy Prophet Muhammad (saw) did this, not because of any holiness attached to the stone, but as an expression of his emotion at the Kaaba (The Review of Religions, May/June 1997).

May Allah enable all Muslims to go to Mecca, perform Hajj at least once in a lifetime, and hence see the Kabaa, the House of Allah. Ameen.

References: www.alislam.org



Benefits of Salat

Salat leads to success. It is stated in the Holy Quran:

قَدْ أَفْلَحَ الْمُؤْمِنُونَ (٢)

الَّذِينَ هُمْ فِي صَلَاتِهِمْ خِشْعُونَ (٣)

Translation: "Surely success does come to the believers, who are humble in their prayers" (Surah Al-Mu'minun verses 2 and 3).

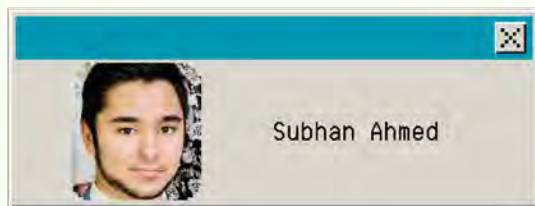
Have you ever prayed to Allah before an exam? I have before. It was an English exam. I hadn't studied very well for this exam and prayed to Allah that He would help me do my best on the exam. When receiving the results I had gotten 100%! This proves that Salat is the key to communication with God Almighty and the acceptance of my prayer. This is one of the billions of benefits of Salat.

Now Salat has SO many benefits and it is such a vast topic that I will only be focusing on the spiritual and physical benefits.

Spiritual benefits, what does that mean? Well according to google it says, "clear values, sense of worth, peace, worship, prayer, and meditation." Even google knows that prayer is a spiritual benefit, and Alhamdulillah we have been given Salat through Islam. The Promised Messiah (as) says, "Offer the Prayer. Offer the Prayer. That is the key to all good fortune" (Izala-e-Auham p. 549).

Physical benefits, how could Salat physically benefit us? It's not like we are running a mile or doing push ups but it helps us in the heart, the most important organ in the body. It supplies fresh blood to all body tissues. These body movements performed during Salat are an excellent source of exercise for our heart. According to a Hadith of the Holy Prophet (saw), "There is an organ in the body, when it is healthy, the whole body is healthy, and when it is sick, the entire body becomes sick. It is the heart" (Sahih Bukari).

I would like to finish writing with the thought that we should read all our five daily prayers and include five times wudhu with good intention. Wudhu is the physical cleaning of our body. Salat, with focus of mind and heart, would be our spiritual cleanliness. And the bonus point, if we make it a habit, would be the connection with God Almighty. May Allah help us read our five daily namaz and receive the spiritual AND physical benefits of Salat!



"My Connection with Allah" Poem

My connection with Allah is like a relationship between mother and **child**

Some may think it's **wild** but when I think of God all I do is **smile**

Because I know when I am in dire need of **help**

Allah will listen as I pray for my and others **health**, safety, good being, and **wealth**

But we must not forget to remember Allah in times of **happiness**

As without His guidance we wouldn't have these moments
that we wouldn't **want to miss**

That is why when I'm in Sajdah I always remember to **say**
 "Thank you for everything you have done for **me**" before I
 pray for the things I **need**

In my life when I follow the teachings of Islam, the true religion of God, I am able to **avoid** the acts that would **destroy** my **true self**

And realize that these miracles are more than coincidences
and something I **truly felt**

For you and I, our experiences that aid in our belief **vary so**

But they function as the same to confirm and **show**

That God will always be watching us **below**

No matter what anyone thinks about my relationship
between **God and I**

I always know I can rely on Him all throughout **my life**



The Patience of the Holy Prophet (saw)

In the Holy Quran, it is stated, "Oh Ye who believe, seek help with patience and prayer, surely Allah is with the steadfast (2:154) Let's talk about the meaning of patience. A definition of patience that we all know is to wait and not complain, but patience also means to have a high tolerance and not get angry or upset very easily. It goes hand in hand with steadfastness. So what is steadfastness? Steadfastness is when you have an unwavering goal for a faith.

The Holy Prophet's (saw) steadfastness is why he was able to have such an amazing amount of patience and tolerance. An example of a time when the Holy Prophet Muhammad (saw) showed patience and steadfastness is when he was preaching. When he went to preach to the people of Taif, the chiefs not only laughed at him, but they sent young boys to chase him out of the town whilst throwing stones at him. He emerged from the town wounded, stopped to rest, and prayed to Allah for help. An angel appeared to him and said, "I would like to crush these people between two hills." Instead of taking revenge on these people, the Holy Prophet (saw) prayed that these people's children may see the truth and become believers.

This shows that at a point, where a normal person would be very angry, the Holy Prophet (saw) spared these people in the hope that they would one day see the truth. This also shows how much patience the Prophet (saw) had and how much faith he had in Allah. Patience is incredibly important because it is a value that is spoken very highly of by the Quran and is useful in day-to-day situations. Also, and more importantly, it makes Allah happy with us. We shouldn't let petty things bother us a lot, and we shouldn't complain if we have to wait for something. Instead we should pray to Allah and have faith that Allah's Will is best. This is why we say "InshAllah" when we intend on doing something as it means "If God Wills." I pray that Allah gives us all patience. Ameen.

Directions: Cut out the template below and write a letter to Huzoor (aba)!



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

My Dearest Huzoor,

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

I pray you are doing well by Allah's grace and may ALLah grant you a healthy life,
Ameen.



Directions:

1. Color the cube
2. Cut out the cube
3. Fold on the dotted lines & paste
4. Roll the dice and do the activity you land on (you can do as many as you want!)
5. May Allah help you achieve these good deeds, Ameen!

Write a card for a jamaat member who is not feeling well.

Help parents with the dishes .

Write your teacher a 'thank you' note.

Pray for the well-being of Huzoor.

Donate old clothes to goodwill or a thrift store.

Help a peer with their homework.

Folder

Internet

e-mail

Computer



Al Bashir is a publication of Majlis Atfalul Ahmadiyya

Al Bashir translates to "the bearer of good news." With that in mind, we hope this magazine brings good news and happiness to all who read it. InshaAllah.

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