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# **Atfal Career Day Guidelines**

# Preparation and Planning

## **Understand the Purpose:**

• The primary goal is to inspire Atfal by exposing them to different career paths and emphasizing the importance of contributing to society through their chosen professions.

#### Write a Letter to Huzoor:

• In the Letter, state the purpose of the event you plan to hold, ask for guidance as to what careers you should choose based on the area you reside, the Atfal you have in your majlis (majalis), and their interests.

## **Coordinate with Local Organizations:**

 Work closely with local businesses, professionals, and community members within your community to gather volunteers who can share their career experiences.

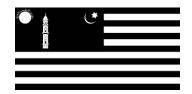
## **Set Clear Objectives:**

• Be clear about the expected outcomes of the event, such as educating Atfal on potential careers, fostering motivation, or encouraging personal development.

## Schedule the Event:

Ensure the event timing is suitable for the majority of Atfal and their parents, and does
not conflict with other important events or obligations. The event can be held alongside
other events if it makes sense. The event can also be held over multiple days.







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# **Engaging with Parents and Guardians**

#### Inform and Involve Parents:

 Keep parents informed about the event's objectives and the potential benefits for their children. Encourage their active involvement and support in preparing their Atfal for the event.

#### **Seek Parent Volunteers:**

• Engage parents or Khudaam to help with organizing or guiding the event. Their involvement will make the event more impactful and inclusive.

## **Respect Cultural Sensitivities:**

 When discussing career options, be mindful of cultural values and avoid suggesting careers that may not align with family or community expectations.

## Offer Career Guidance:

• If parents seek advice on helping their children pursue certain career paths, provide resources or suggest local professionals who can assist.

# Creating an Inclusive and Educational Environment

## **Diverse Representation:**

• Ensure that the professionals representing various career paths come from diverse backgrounds to reflect the broad spectrum of possibilities.

### **Career Booths and Presentations:**

• Organize booths or presentations where Atfal can interact with professionals in different fields, ask questions, and learn about the skills and qualifications required.

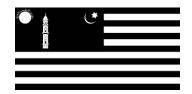
## **Hands-on Activities:**

• If possible, incorporate interactive or hands-on activities related to the careers being presented. This could include demonstrations, simulations, or skill-building exercises.

## **Encourage Open Dialogue:**

• Allow Atfal to ask questions about the professions and how they can begin preparing for such careers in their education and personal development.









## Motivating and Encouraging Atfal

#### **Positive Reinforcement:**

 Celebrate the participation and curiosity of Atfal, regardless of whether they already know their desired career path. Acknowledge their efforts and interests.

## **Highlight Role Models:**

 Share inspiring stories of successful professionals who have made a positive impact on society. Highlight the importance of hard work, perseverance, and ethical values in achieving career success.

## **Encourage Goal Setting:**

• Help Atfal set small, achievable goals related to their future career aspirations, whether it's related to their academic achievements, volunteer work, or skill development.

## **Provide Resources:**

• Provide additional resources, such as books, websites, or mentorship opportunities, to help Atfal continue their exploration of different career paths.

# Be Empathetic and Patient

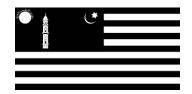
### Patience:

• Understand that some Atfal may not be sure about their career aspirations yet. Provide encouragement and reassurance that exploration is part of the process.

## **Empathy:**

 Be mindful of the challenges some families may face in terms of resources or access to certain career opportunities. Offer assistance or suggestions where possible.









# Building a Collaborative Relationship

#### **Maintain Communication:**

After the event, keep in touch with parents, guardians, and Atfal to see how they are
progressing toward their career goals. Offer follow-up resources and support.

## **Create Mentorship Opportunities:**

• Establish connections between Atfal and professionals who are willing to mentor them or provide ongoing guidance as they develop their career interests.

## **Foster Networking:**

 Encourage Atfal to stay in touch with the professionals they meet at the event and explore opportunities for internships, volunteering, or shadowing.

# Respecting Boundaries and Sensitivities

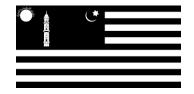
## **Cultural Sensitivity:**

 Be sensitive to the fact that some families may have specific views about certain career paths. Respect these views while offering a wide range of options for Atfal to consider.

## **Avoid Pressuring Career Choices:**

 While it's important to expose Atfal to various professions, avoid pushing them toward specific career choices. Allow them to explore and choose what resonates most with their passions and strengths.







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# Document and Report

## **Keep Records:**

 Maintain a log of the event's outcomes, including the careers presented, the number of Atfal who participated, and any notable interactions or follow-up actions needed.

#### Share Feedback:

 After the event, gather feedback from Atfal, parents, and professionals to understand what went well and what could be improved for future Career Day events.

## **Create a Report:**

- Submit a Report to National SOT (<u>sanatotijarat@atfalusa.org</u>) with the following contents:
  - Date event was held
  - Number of Atfal attendees, volunteers, and parents at the event
  - What career paths you chose and what activities the respective volunteers presented to the Atfal
  - o Feedback from parents, Atfal, volunteers, and yourself
  - Any additional details