

New Year's Vision Board Activity Instructions and Goal's List

Take Away: A fun visual and tactile activity that prompts Atfal to self-reflect and select goals they wish to achieve in the 2025 year.

Materials Required - Purchase if needed (send receipt to your Qaid for reimbursement):

1. Colored Markers, Colored Pencils, and Pens
2. Please print the Vision Board Template in **COLOR and on CARDSTOCK PAPER for EVERY Tifl.**
 - a. Ex: If you have 20 Atfal, print out 20 colored Templates on cardstock paper.
 - b. The easiest way to print on Cardstock paper is from Staples, Office Max, etc. and give the receipt to your Qaid.
 - c. The Vision Board template can be downloaded by clicking this link: [pdf Vision Board.pdf.pdf](#)

Activity Instructions:

- ❖ Distribute the printed New Year Vision Board template to every Tifl in class.
- ❖ Give Atfal a minute to reflect on what they want to improve spiritually in 2025.

- ❖ Every Tifl selects three goals from the New Year's Goals list (scroll down for the list). They write those goals in the vision board's blue shaded "goal" boxes.
- ❖ The fourth goal they write can be anything they wish and does not have to be from the list.
 - ex: Playing more basketball, getting straight A's, beating Mario Kart boss, etc.
- ❖ Atfal draw pictures of their goals in the board's blank white spots.
- ❖ After everyone is finished, have them share their goals with one another.
- ❖ Atfal will keep their completed vision boards and take them home. They should frame it or hang it in their bedrooms, fridge, or anywhere they can view it often.
- ❖ Encourage them to look at their vision board often and try to focus on achieving the goals they have set throughout 2025. When they feel they have achieved them, they can checkmark it off.
- ❖ In early February and every quarter, the Tarbiyyat department will check in to see how their New Year Vision Board goals are progressing. Those who are progressing will receive a prize!

New Year Goals List!

Select three goals from the list below to write in the blue shaded boxes on your vision board. Try your hardest to achieve these goals in the year 2025!

- ❖ Memorize at least 5 Surahs.
- ❖ Pray Salat 5 times every day.
- ❖ Recite the Quran every day.
- ❖ Read the translation of the Quran every day.
- ❖ Complete my first reading of the Quran.
- ❖ Complete my first reading of the Quran's translation.
- ❖ Watch Huzoor (aba)'s Friday sermon every week.
- ❖ Write a letter to Huzoor (aba) at least once a month.
- ❖ Pay my Atfal Chanda.
- ❖ Attend at least one Jummah prayer at the Mosque/Salat Center monthly.
- ❖ Complete the Yassarnal Quran