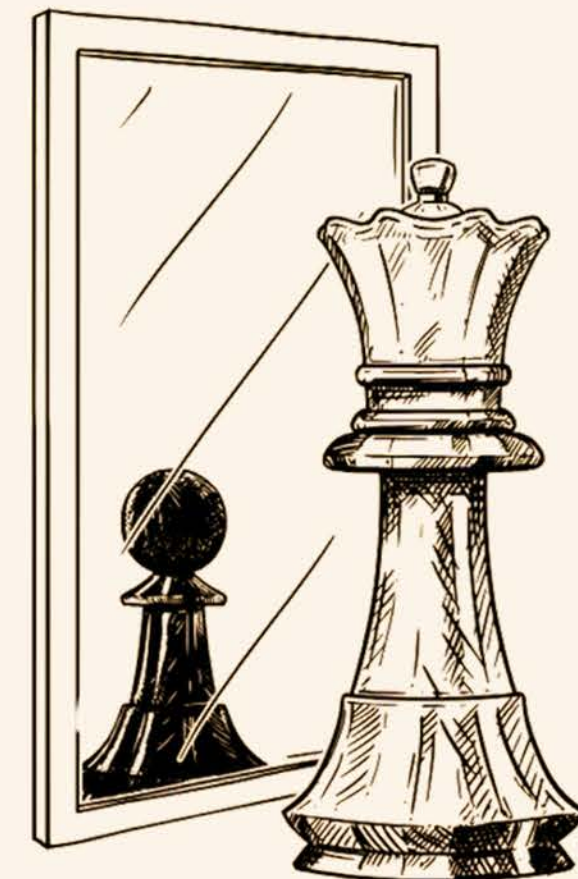


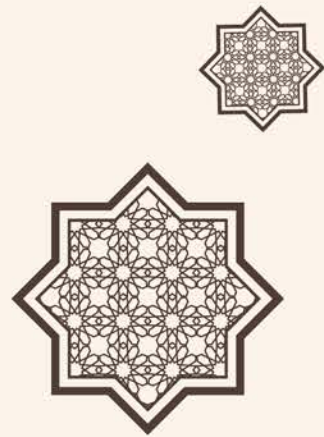
Atfal Tarbiyyat Class
April 2025

Not Being Afraid of Your Identity



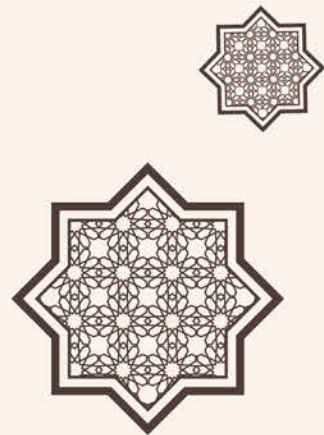
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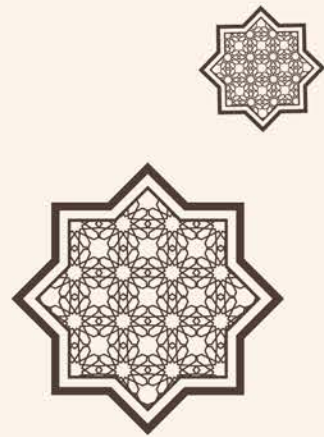
QUESTION

Do you feel it is hard to
be an Ahmadi Muslim,
living in the USA?



QUESTION

Why do you think its hard to
show our identity as an
Ahmadi Muslim to Others?



QUESTION

Have you ever heard the word / phrase:

Inferiority Complex?

Why would an Ahmadi Muslim develop an inferiority complex?

- One reason for this is not having the strength to stand up against the influence of a largely non-Muslim society.
- If someone believes Ahmadiyyat is true but still lives a double life, it is because he has accepted that feeling of inferiority.
- He may feel overwhelmed by how outnumbered he is. He wants to fit in.



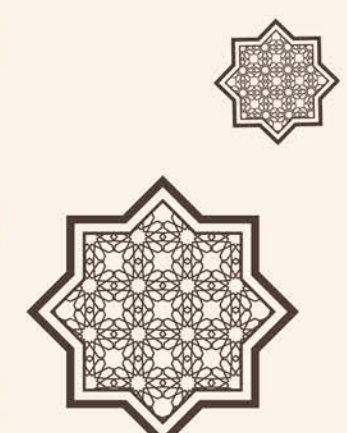
HUZUR'S GUIDANCE

“Ahmadis should not fall prey to any kind of inferiority complex. It is our claim that we will create a spiritual revolution in the world. Only those can create that revolution who are free of every type of inferiority complex and who first create a spiritual revolution within themselves.”

(Friday Sermon 22 June 2012; Khutbat-e-Masroor, Vol. 10, p. 385)



Hazrat Mirza Masroor Ahmad (aba)



QUESTION

Have others from before
our time fell into
pressure by society?



RELIGIONS FROM BEFORE

The Holy Quran tells us how the people of Hazrat Noah (as) treated him and they said:

“And we see that none have followed thee but those who, to all outward appearance, are the lowliest of us. And we do not see in you any superiority over us.”

(Surah Hud, Ch. 11, V. 28)

- Throughout history, the communities of God's prophets were always looked down and belittled by others who didn't believe in them. These people were usually more in number.
- The opponents would make fun of the believers, hoping to make them feel less important. This way, they thought it would be easier to take control.

HOW TO OVERCOME AN INFERIORITY COMPLEX

1

Tabligh

Best way of building confidence is doing Tabligh, even if you become hesitant at first you'll be confident when you give it a try.

2

Take Pride

"The more you take pride in your religion and the more you live your lives according to the teachings of Islam, the more others will respect you and this is how your honour and dignity will be established in the world."

Hazrat Mirza Masroor Ahmad (aba)

3

Knowledge

Not having enough knowledge of Islam Ahmadiyyat. Falling to those ideas of those who mock Islam, the fact is that Islam is superior in every comparison.

TABLIGH

One way of overcoming complexes is doing Tabligh. This can also help an Ahmadi who is struggling to take pride in his identity.

Huzur (aba) said that at a USA Ijtema some Khuddam were hesitant to go out and do flier distribution, but after they went out and experienced it, they gained confidence.

- Another way is by SILENT TABLIGH when people are moved by your actions.
- Following the practices of Islam in front others who are different becomes a source of tabligh by offering a good example to those who are around you.
- Your actions will be an attraction for them.
- Ahmadi Muslims have always been established on superior ideals.

BEING A PROUD AHMADI

Huzur (aba) said:

“No Ahmadi Muslim ever needs to become victim to any form of inferiority complex – because we have reason, logic, evidence and above all the truth on our side.”

“Instead, you should feel pride in your religious beliefs and be confident in the expression of your faith. Certainly, there is no Islamic injunction or restriction that is without reason or logic. Each Islamic teaching is based upon human nature and the means for ensuring societal peace and harmony...”

“Be ever willing to go against the grain by giving precedence to your religious convictions.”

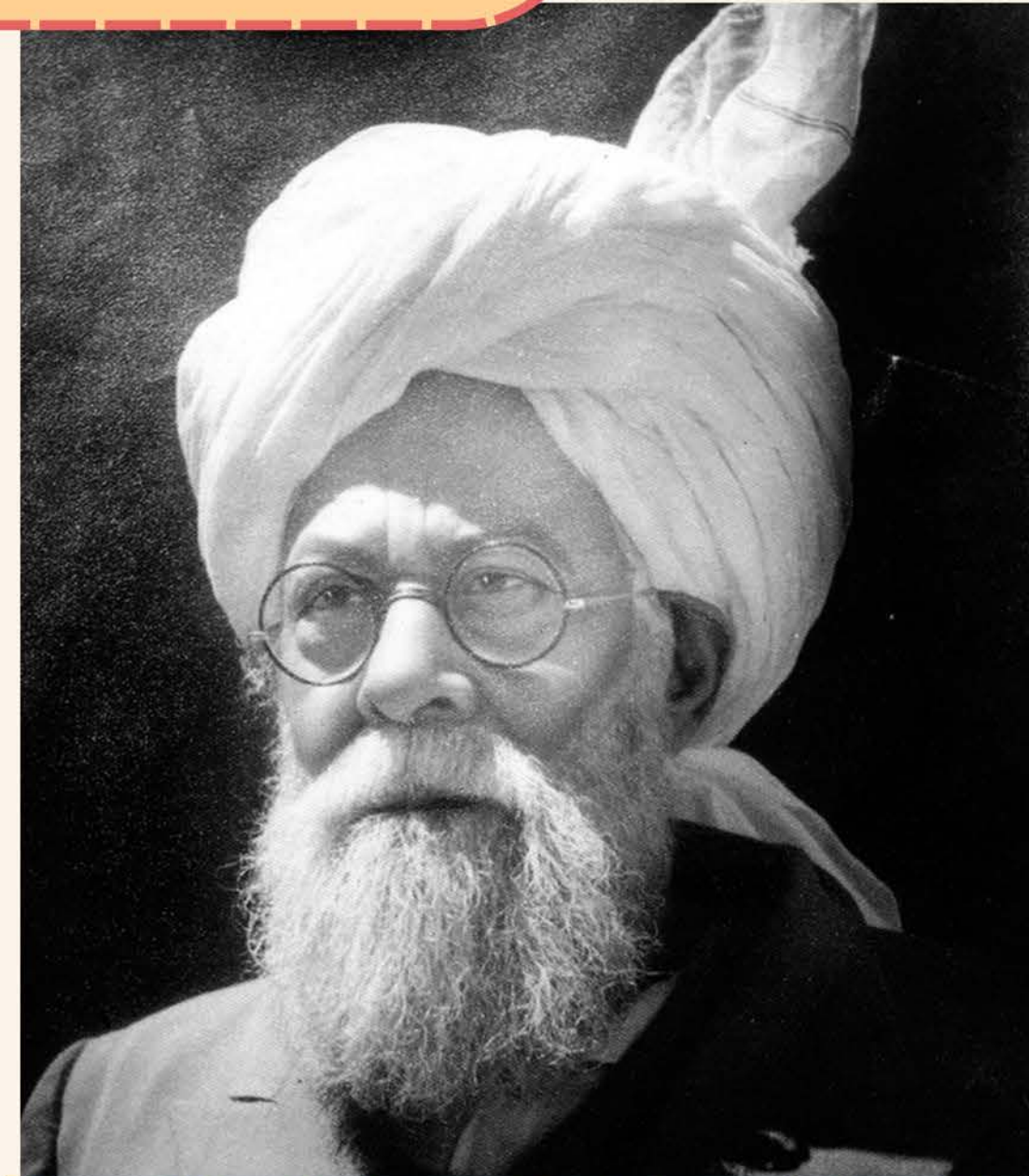


**Should we do our own
research on finding
the truth?**

WHAT DID HAZRAT MUSLEH MAU'UD (RA) DO?

"I did not come to believe in the Promised Messiah (as) solely because he was my father. In fact, I made a firm vow at the age of eleven, promising myself that I would run away if, God forbid, I found him false on the basis of my research. However, his truthfulness became apparent to me and my faith increased in him. Eventually, as he passed away, my faith grew even stronger [in the Promised Messiah (as)]."

(Al Fazl, 6 June 1924)



Hazrat Mirza Bashir-ud-Din Mahmood Ahmad (ra)



**How can we increase
our Knowledge?**





INCREASING KNOWLEDGE

If you hear anything wrong said about Islam and don't have any knowledge to respond then an inferiority complex would start to take place. Only by increasing your knowledge of Islam, you can overcome this complex.

As Huzur (aba) states: "it is essential that you read the Holy Qur'an and its commentaries and you study the Hadith and the books of the Promised Messiah (as) By doing so, you will gain knowledge of your faith and it will remove any lingering traces of an inferiority complex"



How Can We Teach Muslim Youth to Take Pride in Their Ahmadi Identity Despite Societ...



How Can We Teach Muslim Youth to Take Pride in Their Ahmadi Identity Despite Societal Pressure?

Watch on  YouTube



“Showing patience and keeping your head held high in such circumstances is the true means of establishing your honour and self-respect in the world. We are the fortunate ones, as we have not forgotten our values.”



Hazrat Mirza Masroor Ahmad (aba)



Activity

Game: What would you do?

The takeaway of this game is to see how we should properly react given certain scenarios Ahmadi youth go through at school and with friends.

Depending on the attendance form small groups or individual

Create prompt cards with prompts or scenarios

**prompts next slide*

Each group member takes a card

Each group/Tifl will be given time to think of any ideas

Everyone will give an answer

PROMPTS AND SCENARIOS

- Taking a day off for Friday and classmates ask why?
- Class is having pizza but its only pepperoni, your not eating. Others say to take it off how would you respond?
- Friends come over at the house and see a picture of Huzur; they ask who is he?
- Your non-Ahmadi Muslim friend(s) are about to pray during class and they ask you to join them, how would you respond?
- You're eating (chicken/beef) and some non-Ahmadi Muslims say that is 'Haram' (not allowed), how would you respond?
- Non-Ahmadis ask you that you believe in another prophet after Holy Prophet Muhammad (pbuh) what would you say?

PROMPTS AND SCENARIOS

- Your friend asks who you are taking to Prom, how would you respond?
- Peers are pressuring you to vape with them, what would you do?
- It's Ramadan, you're fasting and your friends say 'not even water', what would you say?
- Friends are talking about a girl inappropriately, what would you do?
- Friends ask if you have a girlfriend, what you say?
- Friends see your mom wearing the hijab, and they ask why is she doing that? What's your response?
- Friends on Social Media sharing explicit posts and share it with you, would you correct them or say something back?

Feel free to add your own prompts as well*



Majlis Atfalul
Ahmadiyya USA

